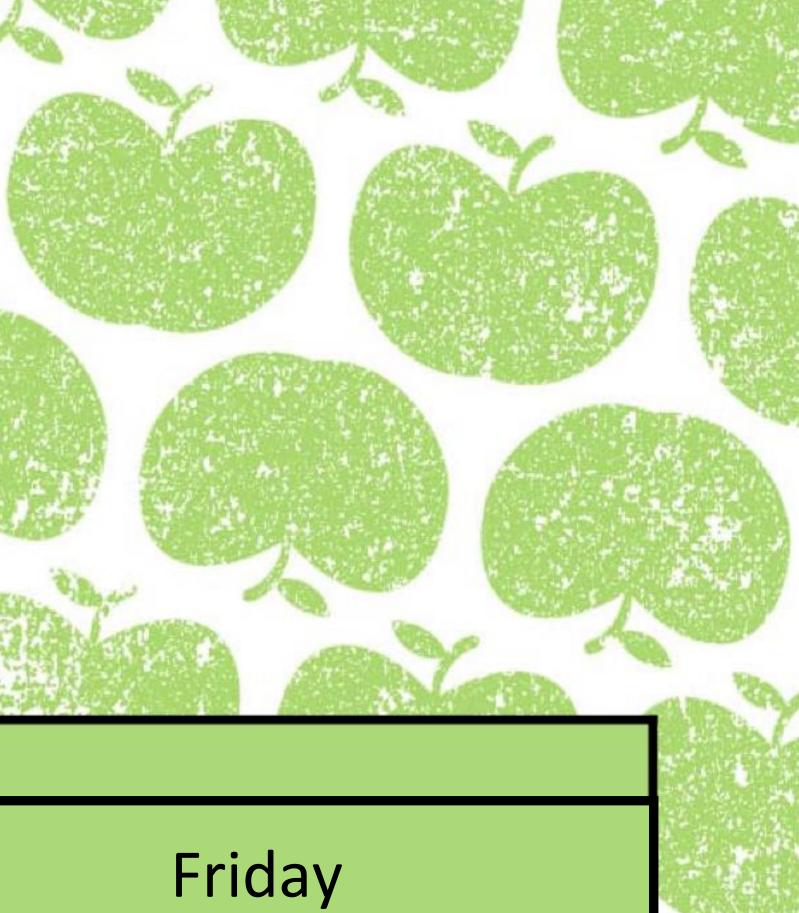
		A E	- October 0	6,2023	
	Monday	Tuesday	Wednesday	Thursday	
Breakfast	Cereal w/Milk Fresh Berries 2% Milk	Busy Kids Breakfast Sammie (Egg & Cheese English Muffin) Fresh Fruit 2% Milk	Waffles Sausage Fresh Fruit 2% Milk	Cheese Omelet Whole Wheat Toast Fresh Fruit 2% Milk	Frenc Ham Berrie 2% M
Morning Snack	Fruit Yogurt Water	Apple Slices Peanut Butter Water	Mandarin Oranges Water	Granola Trail Mix Water	Chees Wate
ch	Homemade Beef-a-Roni Caesar Salad Steamed Green Beans Water	Macaroni & Cheese Mixed Steamed Veggies Fresh Fruit Water	Shredded Chicken, Bean & Rice Bowl Avocado Slices Tortilla Chips Water	Mini Bagel Sandwich (Cream Cheese & Canadian Bacon) Banana Slices Water	Peanu Squar Fresh Water
Afternoon Snack	Grapes (vertical cut halves) Goldfish Water	Crackers Raisins Water	Animal Crackers Bananas Water	Blueberries Yogurt Water	Cracke Avoca Water



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