

# M E N U

October 07 – October 11, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal w/Milk Fresh Berries 2% Milk	Chocolate Mini Pancakes Bacon Fresh Fruit 2% Milk	Ham & Cheese B'fast Burrito 2% Milk	Cheese & Spinach Omelet Whole Wheat Toast Fresh Fruit 2% Milk	French Toast Fresh Fruit 2% Milk
Morning Snack	Cheddar Cheese Apple Slices Water	Mandarin Oranges Pretzels Water	Cranberry Muffin Water	Cheddar Cheese Ritz Crackers Water	Granola Bar Water
Lunch	Hotdog Squares Mixed Steamed Veggies Fresh Fruit Water	Beefaroni Mixed Steamed Veggies Fresh Fruit Water	Grilled Ham & Cheese Sandwich Mixed Steamed Veggies Apple Sauce Water	Baked Chicken Breast Cauliflower Rice Fresh Fruit Water	Meatloaf Mashed Potatoes Whole Wheat Toast Fresh Fruit Water
Afternoon Snack	Bagel & Cream Cheese Water	Apple Slices Peanut Butter Water	Roasted Cauliflower Ranch Dressing for Dipping Water	Fresh Fruit Bowl Water	Pickles & Peanut Butter Water