

M E N U

October 21 – October 25, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal w/ 2% Milk Fresh Berries 2% Milk	Ham Scramble Eggs Fresh Fruit Whole Wheat Toast 2% Milk	Breakfast Sammie (Egg, Sausage, Cheese) Fresh Fruit 2% Milk	Cheese Omelet Fresh Fruit Whole Wheat Toast 2% Milk	Hard Boiled Eggs Fresh Fruit Whole Grain Roll 2% Milk
Morning Snack	Banana Granola Bar Water	Raspberry Muffin Water	Mandarin Oranges & Banana Slices Water	Mini Cheese Quesadillas Water	Bagel Bites w/Cream Cheese Water
Lunch	Chicken Fried Rice Mixed Steamed Veggies Fresh Fruit Water	Pork Tacos Mixed Steamed Veggies Fresh Fruit Water	Beefaroni Mixed Steamed Veggies Fresh Fruit Water	Grilled Cheese Sandwich Apple Sauce Mixed Steamed Veggies Water	Busy Kids Nachos Fresh Fruit Water
Afternoon Snack	Peanut Butter Apple Slices Water	Apple Slices Cheddar Cheese Water	Ham & Cheese Crackers Water	Fresh Fruit Bowl Water	PB&J Sandwich Squares Water