## MENDE NUU December 02 – December 06, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal w/Milk Fresh Strawberries Non-Fat Milk – Over 2 Whole Milk – Under 2	Ham Scramble Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2	Scrambled Eggs Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2	Spinach & Cheese Omelet Whole Wheat Toast Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2	French Toast Fresh Berries Non-Fat Milk – Over 2 Whole Milk – Under 2
Morning Snack	Water	Whole Grain Pretzels Apple Sauce Water	Mandarin Oranges Water	Mixed Fruit Bowl Water	Grape Slices Cheddar Cheese Cubes Water
nu-	Chicken Tenders Mixed Veggies Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2 Water	Hamburger Sliders Sweet Potatoes Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2 Water	Ham & Cheese Quesadilla Veggies Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2 Water	Mac & Cheese Veggies Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2 Water	Pepperoni Pizza Veggies Fresh Fruit Non-Fat Milk – Over 2 Whole Milk – Under 2 Water
S	Peanut Butter Apple Slices Water	Yogurt Granola Water	Bean Dip Tortilla Chips Water	Pretzels Cheese Cubes Water	PB&J Squares Water