



# Weekly Menu

February 10 - February 14, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Ham Scramble Eggs Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheese Slices Apple Slices	Rice, Beef, Bean Bowl Mixed Steamed Veggies Orange Slices Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter & Jelly Square Sandwich
Tuesday	Waffles Sausage Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Salami Slices Whole Grain Crackers	Beef Quesadillas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Slices Peanut Butter Dip
Wednesday	Pancake on a Stick Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Bowl of Fresh Fruit Whole Wheat Toast	Whole Wheat Pasta w/Meat Sauce Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheese Mini Quesadillas
Thursday	Breakfast Burrito Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber Slices Whole Wheat Crackers	Ham & Cheese Grilled Sandwich Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter Toast w/Banana Slices
Friday	Hard Boiled Egg Whole Wheat Toast Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheese Cubes Whole Wheat Crackers	Potato & Cheese Taquitos Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Grain Goldfish Fresh Fruit