



Weekly Menu

June 30 - July 04, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Ham Scramble Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Bagel w/Cream Cheese Tomato Slices	Chicken & Cheese Quesadillas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Goldfish Cheddar Cheese Fresh Blueberries
Tuesday	Cereal w/Milk String Cheese Fresh Strawberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Fresh Fruit Bowl Whole Wheat Crackers	Grilled Cheese Sandwich Apple Sauce Mixed Steamed Veggies Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber Slices Whole Wheat Crackers
Wednesday	Waffles Sausage Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Blueberry Muffin Cheddar Cheese Squares	Pasta w/Meat Sauce Mixed Steamed Veggies Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Red Pepper Slices Ranch Dipping Sauce Whole Wheat Crackers
Thursday	Busy Kids B'Fast Sammie Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Carrots Cheddar Cheese Whole Wheat Crackers	Chicken Nuggets Mixed Steamed Veggies Fresh Fruit Whole Wheat Crackers Non-Fat Milk - Over 2 Whole Milk - Under 2	Refried Beans Tortilla Chips
Friday				