



# Weekly Menu

August 11 - August 15, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Ham & Cheese Omelet Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple & Cheddar Cheese Slices Whole Wheat Crackers	Grilled Ham/Turkey Cheese Sandwich Apple Sauce Mixed Steamed Veggies Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber Slices Crackers w/Cream Cheese
Tuesday	Cereal w/Milk Fresh Berries Non-Fat Milk - Over 2 Whole Milk - Under 2	Goldfish Crackers Raspberries	Beef Quesadillas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Carrots Cheddar Cheese Whole Wheat Crackers
Wednesday	Waffles Pork Sausage Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Blueberry Muffin Cucumber Slices	Dino Chicken Nuggets Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apples & Peanut Butter
Thursday	Hard Boiled Eggs Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Pickles & Peanut Butter	Chicken Burger Mixed Steamed Veggies Sweet Potato Fries Non-Fat Milk - Over 2 Whole Milk - Under 2	Celery Sticks Peanut Butter
Friday	Whole Wheat French Toast Fresh Berries Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheese & Cucumber Slices	Pasta w/Meat Sauce Mixed Steamed Veggies Fresh Fruit Mixed Steamed Veggies Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Goldfish Crackers Mandarin Oranges