



# Weekly Menu

## August 18 - August 22, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Cereal w/Milk Fresh Blueberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Carrots & Cheddar Cheese Whole Wheat Crackers	Chicken Tenders Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber Slices Whole Wheat Crackers w/Cream Cheese
Tuesday	Cheese Omelet Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Apples & Peanut Butter	Cheese Quesadillas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Ritz Crackers Cheddar Cheese Red Pepper Slices
Wednesday	Whole Wheat French Toast Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Ham & Cheese Rolls Whole Wheat Ritz Crackers	Dino Chicken Nuggets Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Carrots & Ranch Whole Wheat Crackers
Thursday	Hard Boiled Eggs Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Goldfish Crackers Cucumber Slices	Grilled Cheese Sandwich Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple & Cheddar Cheese Slices Whole Wheat Crackers
Friday	Busy Kids B'Fast Sammie (Egg, Cheese, Sausage) Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Mini Ritz w/Peanut Butter	English Muffin Pizza Mixed Steamed Veggies Apple Sauce Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter Ritz Crackers Whole or Sliced Pickle