



Weekly Menu

September 08 - September 12, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Cereal w/Milk Fresh Strawberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Grain Apple Fruit Bar	Chicken Fried Rice Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Crackers Peanut Butter Cucumber Slices
Tuesday	Spinach & Cheese Omelet Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple & Cheddar Cheese Slices Whole Wheat Crackers	PB & J Sandwich Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Carrots Cheddar Cheese Slices Ritz Crackers
Wednesday	Waffles Turkey Sausage Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Carrots Ranch Dressing Ritz Crackers	Pepperoni/Cheese Pizza Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Refried Beans Tortilla Chips
Thursday	Hard-Boiled Egg Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Grape Slices Goldfish Crackers	Ham/Turkey Cheese Sandwich Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Tater Tots Cheddar Cheese
Friday	Egg Mini Bites Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Crackers w/Cream Cheese Cucumber Slices	Dino Chicken Nuggets Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Hummus Naan Bread