

## Weekly Menu September 15 - September 19, 2025



d	Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
6	Monday	Cereal w/Milk Fresh Strawberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Slices Cheddar Cheese Slices Ritz Crackers	Beef Quesadillas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber & Cheese Ritz Crackers
	Tuesday	Spinach & Cheese Omelet Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Yogurt w/Granola	Meatballs Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Goldfish Crackers Beef Sausage
9	Wednesday	Ham & Cheese English Muffin Sammie Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheese Slices Cucumber Slices	Beef Corndogs Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Grain Apple Fruit Bar
200	Thursday	French Toast Fresh Fruit Hash Browns Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber & Carrots Ranch Dressing	Mac & Cheese Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Sauce Cheese Slices
	Friday	Ham Scramble Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheese Crackers Grape Slices	Pepperoni/Cheese Pizza Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber Slices String Cheese Ritz Crackers