



Weekly Menu

September 22 - September 26, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Cereal w/Milk Fresh Berries Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Slices Cheddar Cheese Slices Whole Wheat Crackers	Pork Carnitas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Carrots Cheddar Cheese Whole Wheat Crackers
Tuesday	Spinach & Cheese Omelet Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Cucumber & Carrots w/Ranch Whole Wheat Ritz Crackers	PB & J Sandwich Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Slices Peanut Butter
Wednesday	Hard Boiled Eggs Fresh Fruit Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Blueberry Muffin Oyster Crackers	Dino Chicken Nuggets Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheese & Cucumber Slices Whole Wheat Crackers
Thursday	Whole Wheat French Toast Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheddar Cheese Pickle Cheddar Cheese Slices	Ham/Turkey & Cheese Sandwich Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Beans Tortilla Chips
Friday	Waffles Sausage Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Summer Sausage Red Peppers Ritz Crackers	Pasta w/Meat Sauce Whole Wheat Toast Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple & Cheddar Cheese Slices Ritz Crackers