



Weekly Menu

March 03 - March 07, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Ham Scramble Eggs Whole Wheat Toast Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Slices Cheddar Cheese	Turkey & Cheese Quesadillas Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Granola Bar
Tuesday	Cereal w/Milk Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Goldfish Banana Slices	Toasted Cheese Sandwich Mixed Steamed Veggies Apple Sauce Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter Apple Slices
Wednesday	Whole Wheat French Toast Turkey Sausage Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheddar Cheese Slices Whole Wheat Crackers	Beef Nachos Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter & Jelly Squares
Thursday	Busy Kids B'Fast Sammy Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Fresh Fruit Bowl	Bean & Cheese Burrito Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Cheddar Cheese Whole Wheat Ritz
Friday	Spinach & Cheddar Cheese Omelet Whole Wheat Toast Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Banana Granola Bar	Pasta w/Meat Sauce Mixed Steamed Veggies Fresh Fruit Non-Fat Milk - Over 2 Whole Milk - Under 2	Banana Bread Muffin