



Weekly Menu

January 01 - January 10, 2025



Water is served with all snacks & meals	Breakfast	Morning snack	Lunch	Afternoon snack
Monday	Hard Boiled Eggs Fresh Strawberries Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Wheat Crackers Cheddar Cheese Slices	Dino Chicken Nuggets Steamed Green Beans Apple Sauce Whole Wheat Toast Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter Crackers
Tuesday	Cereal w/ Milk (2%) Fresh Berries Non-Fat Milk - Over 2 Whole Milk - Under 2	Orange Slices Whole Wheat Crackers	Whole Wheat Ham & Cheese Quesadilla Mixed Steamed Veggies Apple Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter Apple Slices
Wednesday	Scrambled Eggs Banana Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Toasted Mini Bagels Cream Cheese Fresh Strawberries	Whole Wheat Spaghetti w/Marinara Sauce Mixed Steamed Veggies Orange Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Fresh Fruit Bowl Cheese Cubes
Thursday	Greek Yogurt Banana Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Peanut Butter Jelly Squares	Whole Grain Rice, Beans & Beef Bowl Steamed Cauliflower Cantaloupe	Tortilla Chips Guacamole
Friday	Whole Wheat Pancakes w/Cottage Cheese Banana Slices Non-Fat Milk - Over 2 Whole Milk - Under 2	Apple Sauce Cheddar Cheese Squares	Cheese or Pepperoni Pizza Mixed Steamed Veggies Fresh Blueberries Non-Fat Milk - Over 2 Whole Milk - Under 2	Whole Wheat Mini Quesadillas