



KRISTAL

WEIGHT MANAGEMENT COURSES

📍 LOCATION: R.A. PURAM, CHENNAI

Course
Duration



- 10 Days + 2

Eligibility



- Any Graduate

Medium



- English & Tamil

Course Fee



- Rs. 20,000

Diploma in Nutrition & Weight Management



Hybrid Model

10 Days Online & 2 Days Offline

Syllabus

Nutrition Basics

Diet Plans

Client Assessment & Customization

Neuro Muscular Stimulation

Ultrasonic Cavitation

Radio Frequency

Low Level Laser Therapy

InfraRed Sauna Therapy

Vibrating Technique



Course
Duration



- 10 Days + 4

Eligibility



- Medical Grads

Medium



- English & Tamil

Course Fee



- Rs. 45,000

Post Graduate Diploma in Nutrition & Weight Management



Hybrid Model

10 Days Online & 4 Days Offline

Syllabus

Nutrition Basics

Diet Plans

Client Assessment & Customization

Neuro Muscular Stimulation

Ultrasonic Cavitation

Radio Frequency

Low Level Laser Therapy

InfraRed Sauna Therapy

Vibrating Technique

Advanced Topics

- Injectable Deoxycholic acid (Fat dissolving injection)
- Injectable GLP-1 antagonist (Mounjaro)
- Cryolipolysis (Coolsculpting)
- HIFU & MNRF (Skin Tightening)



Other Course Details

- Individual attention
- Products/tools for hands-on practise
- Course Hand Book
- Referral Bonus for future batches
- Food will be provided during offline sessions
- Live Models Hands-On practise
- Business Set Up Ideas
- Clinic Operation Ideas
- Vendor details & Supplier meet (if feasible)
- Registration Fee Rs. 5000 to be paid in advance which is not refundable but transferrable
- Mock Consultation given for students

