



K.A.T.S Academy

CLINICAL COSMETOLOGY COURSES

PROSPECTUS 2025 - 2026



KRISTAL

AESTHETICS TRAINING SCHOOL



About K.A.T.S

Our motto is to ensure quality training in aesthetics & cosmetology that it is approachable to a wide spectrum of people & to guide in establishing a successful career or business in the field of aesthetics.

KATS Academy

Kristal Aesthetics Training School (K.A.T.S) is an ISO 9001:2015 certified Private Training Academy.

We offer Fellowship, Diploma, Advanced Diploma, **Internship program**, One day Master Classes, Training & Workshops in a variety of Nutrition & Cosmetology topics.

KATS has been recognized Internationally by American Merit Council (AMC).

KATS is also MSME registered and listed as Training Partner in NSDC.

COURSES OFFERED



FULL-TIME COURSES

CODE

COURSE FEE

1. Fellowship in Condensed Clinical Cosmetology	FCC-C	15k
2. Diploma in Aesthetic Cosmetology	DAC	20-35k
3. Diploma/Fellowship in Clinical Cosmetology	DCC	30-50k
4. PG Diploma in Clinical Cosmetology	PGDCC	60-80k
5. Internship Program	IPCC	15-20k

1. FCC-C

Fellowship in Clinical Cosmetology (Condensed) is a short term program for professionals who want practical exposure to essential & advanced cosmetology procedures. 1 fellowship certificate awarded.



Course Fee - Rs. 15,000

ONLINE (2 days)

Orientation

Skin & Hair Refresher (Recorded)

OFFLINE (5 days)

MC0 - Skin Care Routine/ Tx Planning

MC1 - Exfoliation

MC2 - LASERS

MC3 - Medi Facials

MC4 - Invasive Therapies

Eligibility:

Any Graduate but invasive therapies only for **Medical**

Career Options:

Aesthetic Consultant

2. DAC

Diploma in Aesthetic Cosmetology is for **non-medical category** and it requires you to complete the listed subjects & assessment to get certified. Total **6 certificates** awarded.

Course Fee - Rs. 35,000 (Rs. 20k without Internship)

ONLINE (3 days)

Orientation & Basics (Recorded)

OFFLINE (6 days)

MC0 – Skin Refresher/ Skin Care Routine

MC1 – Exfoliation (2 days)

MC2 – LASERS

MC3 – Medi Facials

MC6 – PMU (2 days)

ASSESSMENT
ASSIGNMENTS
CLINICAL INTERNSHIP

Must Qualify the written exam

1

2-3 weeks (Optional)

Eligibility:

High School & Above

Career Options:

Therapist/PMU Artist



2. FCC/DCC

Fellowship/Diploma in Clinical Cosmetology course helps you get clinical experience with our internship program. Total **8 certificates** awarded.



Course Fee - Rs. 50,000 (Rs. 30k without Internship)

ONLINE (5 days)

Orientation & Basics (Recorded)

OFFLINE (8-10 days)

MC0 - Refresher/Skin Care

MC1 - Exfoliation

MC2 - LASERS

MC3 - Medi Facials

MC4 - Invasive Therapies

MC5 - Nutrition & Weight Management

MC6 - PMU

ASSESSMENT
ASSIGNMENTS
CLINICAL INTERNSHIP
THESIS SUBMISSION

Must Qualify the written exam
1 Topic related to Aesthetics
2-3 weeks (optional)
1

Eligibility:

Any Graduate but invasive therapies only for **Medical**

Career Options:

Consultants/PMU Artist

3. PGDCC

- **Post Graduate Diploma in Clinical Cosmetology** course helps you learn the advanced aesthetic subjects. Total **9 certificates** awarded.



Course Fee - Rs. 80,000 (Rs.60k without Internship)

ONLINE (3-5 days)

Orientation & Basics

OFFLINE (12-13 days)

MC0 - Refresher

MC1 - Exfoliation

MC2 - Lasers

MC3 - Medi Facials

MC4 - Invasive Therapies

MC5 - Nutrition & Weight Management

MC6 - PMU

MC7 - Advanced Invasive Therapies/FFA

ASSESSMENT
ASSIGNMENTS
CLINICAL INTERNSHIP
THESIS SUBMISSION

Must Qualify the written exams

1 Topic1 related to Aesthetics

2-3 weeks

1

Eligibility:

Only **Medical** Graduate

Career Options:

Consultants/PMU Artist

4. Internship Program

Internship Program in Clinical Cosmetology (IPCC) course helps you learn cosmetology subjects during the clinical internship with real-time patients.



Course Fee - Rs. 15k (Non-Medical) & Rs. 25k (Medical)

*Clinical Internship
(2 weeks)*

MC0 - Refresher

MC1 - Exfoliation

MC2 - LASERS

MC3 - Medi Facials

MC4 - Invasive Therapies

MC5 - Weight Loss Techniques

MC6 - PMU

Eligibility:

Anyone with a cosmetology certification

Career Options:

Consultants

CODE	SUBJECTS
MC - 0	Skin/Hair Refresher*
MC - 1	Exfoliation
MC - 2	Lasers
MC - 3	Medi-Facials
MC - 4	Invasive Therapies
MC - 5	Nutrition & Weight Management
MC - 6	PMU
MC - 7	Advanced Invasive Therapies/FFA

*MC- 0 is mandatory to enroll in any course.



The courses shall be conducted through **online platform** to cover the basics and **offline practical** sessions for hands-on.

COURSE DETAILS

A comprehensive course content to master you in the field of aesthetics. It has been designed to provide immense knowledge from a clinician's perspective.

KATS Academy

COURSE CONTENT



MC0 - SKIN & HAIR REFRESHER

- Skin Anatomy
 - Skin Types & Grades
 - Skin Care Routine(SCR)
 - Acne & Acne Pathogenesis
 - Acne – Differential Diagnosis
 - Scars Formation
 - Types of Acne Scars
 - Pigmentation & Types
 - Types of Hyper Pigmentation
- Hair Anatomy
 - Phases of Hair Cycle
 - Hair Loss Types & Grades
- Treatment Planning

MC1 - EXFOLIATION

- Priming
 - Physical Exfoliation Basics
 - Microdermabrasion
 - Crystal Microdermabrasion
 - Diamon Microdermabrasion
 - Dermaplaning
 - High Frequency Technique
- Chemo Exfoliation Basics
 - Chemical Peels & Types
 - AHA - Glycolic, Lactic, Glyco-Kojic
 - BHA - Salicylic
 - Other Peels - TCA, Mod. Jessner's, Retinoic
 - Black Peel, Peri-Orbital & Anti-Melasma Peels (only for PGDCC)
 - Organic - Green Sea Peel (Only for PGDCC)
 - Side effects, Post-care & Contraindication
 - Peel Selection based on Skin Type/Tone

COURSE CONTENT



MC2 - LASERS

- LASERS Basics
- Lasers in Cosmetology
 - Ablative lasers
 - Non-Ablative Lasers
- Pseudo Lasers : IPL & RF
- NDYAG Lasers : Q-Switch & Pico Second
- Diode Laser
- Laser Hair Reduction (LHR)
- Laser Skin Rejuvenation (LSR)
- Lasers for Hyper Pigmentation
- Laser Tattoo Removal (LTR)
- LSR - Pico Toning (Only for PGDCC)

MC3 - MEDI-FACIALS

- Hydra-facial
 - Table Top & Standing Machines
 - Techniques based on Skin Types
- Nano Infusion
- Low Level Laser Therapy (LLLT)
- BB Glow
- Lymph Drainage Techniques
- Oxygeneo Facial (Only for PGDCC)
- Premium Products & Usage

COURSE CONTENT



MC4 - INVASIVE THERAPIES

- PRP/GFC - Hair Growth
- PRP/GFC - Skin Rejuvenation
- Meso Therapy - Electroporation
- Meso Therapy - Nano/Micro Needling
- Wart Removal - RF Cautery & Plasma Pen
- Scar Revision - MNRF
- Scar Revision - TCA CROSS (Only for PGDCC)
- Scar Revision - Subcision (Only for PGDCC)

MC5 - NUTRITION & WEIGHT MANAGEMENT

- Nutrition Basics
 - Diet Plan Types
 - Assessment & Diet Plan Drafting
- Medically Assisted Fat Loss Techniques
 - Metabolism Booster Heat Therapy
 - Neuro Muscular Electrical Stimulation
 - Fat Lipolysis - Ultrasonic Cavitation
 - Cryo Lipolysis (Only for PGDCC)
 - Injectable Lipolysis (Only for PGDCC)

MC6 - PERMANENT MAKEUP (PMU)

- | | |
|--|---|
| <ul style="list-style-type: none">• Eyebrow Microblading• Eyebrow Micropigmentation• Ombre brows & Powder Brows (Only For PGDCC)• Lip Neutralization• Lip Blush• Dark Lip Correction (Only for PGDCC) | <ul style="list-style-type: none">• Scalp Micro-Pigmentation (Advanced PMU Only)• Beauty spot Creation (Advanced PMU Only)• Lash Lift (Advanced PMU Only) |
|--|---|

COURSE CONTENT



MC7 - Advanced Invasive Therapies or Fellowship in Facial Aesthetics

MC7 - Advanced Invasive

- Botox
 - Product Types
 - Dilution factor
 - Forehead Line
 - Frown Lines
 - Bunny lines
 - Crows Feet
 - Gummy Smile
 - Nose Tipping
 - Lip flip
 - Lower Face btx
 - Masseter btx
 - Meso & Micro btx

MC7 - Advanced Invasive

- Fillers
 - Products
 - Dermal Fillers Types
 - Tear trough
 - Liquid Rhinoplasty
 - Lip Filler
 - Cheek Enhancement
 - Chin Augmentation
 - Rejuvenation fillers

MC7 - Advanced Invasive

- Threads
 - Product Info
 - Thread Types
 - Case handling
 - Brow Lift
 - Face Lift
 - Micro Threads
 - Combination Threads

BENEFITS

- *Study Materials*
- *Consultation & Treatment Planning Guidance*
- *Live Models for Hands-On Practice*
- *Experts & Doctors as faculty*
- *Product Knowledge shared*
- *Vendor Contact Details*
- *Placement Offers in aesthetic centers we have tie-ups with*
- *Business Infrastructure Setup guidance*
- *Internship with Stipend for specified hours*
- *Individual Patient Log with hands-on*
- *Free Food & Snacks included during the offline classes*
- *Free Hostel for out-station students during offline classes (Only for Full Courses)*



PAYMENT

- **Registration Fee : Rs. 5000**

- This amount is inclusive of your total course fee and it helps to book an assured slot without over-booking
- Expenses related to consumables, Certificate Printing & International Registration for FCC/DCC & PGDCC shall be deducted from this initial payment
- This is a non-refundable payment so kindly make sure to schedule your dates & plan accordingly. Under no circumstance shall the registration fee be refunded as we limit only 8 students per batch & close the student uptake at least 2 weeks prior to online class
- After the payment if a student cannot take up the classes for any unforeseen circumstances, then the next available batch slot can be allotted but this is at the sole discretion of the academy.

- **On or Before 1st day of Online Class: Part Payment**

- This is a fully refundable payment if the student cannot pursue for any unforeseen circumstances
- If a student attends the online classes but is unable to take up the offline classes then no refund shall be entertained.

- **1st day of Offline Class - Balance Fee Payment in Full**

- Payment can be made online or by cash/card at the campus front-office
- A student can take up the class only upon full payment
- At this point in time, we do not collect split fee payment as faculty payouts & machinery rentals are done in advance.



TERMS

Kindly read the terms before enrolling in any course

- Only MBBS/MD & MDS OMFS (with restrictions) are eligible to practice injectables as per Indian law
- Other medical grads can work as consultants under the guidance of mbbs/dermat/corporate clinics/hospitals.
- Non-Medical students pursuing this field can only work as therapists in a hospital/clinic.
- Those willing to set up a clinic must have the eligible person onboard.
- Although, some topics under physical exfoliation, Enzyme peels, facials, PMU, Nutrition & low-intensity IPL pseudo-lasers need no pre-requisites.
- **Our diplomas are not legally bound to any council or committee.**



Faculty

Our faculty hold a repertoire of skills and are from various fields. The panel is a mix of Doctors, Aestheticians, Business Administrators, Dietitians & Visiting Trainers/Speakers.

Dr. Parveen MBBS, DO

Faculty Head

-----Teaching faculty-----

Dr. Thamizhini MDS, PGDFA

Senior Trainer, Cosmetologist & PMU Expert

Dr. Priya Ganesan BDS, FMC, (PhD)

Senior Trainer, Facial Aesthetic Expert

Dr. Kiruthiga BDS, DCC

Cosmetologist (Laser Expert)

Dr. Vetriselvi MDS, FCC

Cosmetologist

-----Other Panel Members-----

Dr. Sultana MBBS, FMC

Cosmetologist (Invasive Expert)

Ms. Preethi FCS

PMU Microblading Expert (Phi Level 4)



Be part of the growing aesthetics industry and become one of the leading experts as a cosmetologist or an aesthetician. KATS helps you to learn the latest techniques, machines, products & procedures.

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