

UNWINED



Sign Up For The Ultimate Evening of Relaxation!

Join **Flostate** and **Mindful Body & Skin** for a very special event: UnWINEd 2.0: The Ultimate Relaxation Experience with Restorative Yoga, Reiki Meditation, Sound Bath, and of course, WINE! 🍷

Thursday, May 15th, from 5:30-8:00 pm
\$79 per person or \$120 for 2 tickets!
Stonemill Farms Community Building:
11390 Waterview Way, Woodbury, MN 55129

The experience includes:

- 45 minutes of **Flostate Yoga** designed for all levels to warm, release and calm the body
- 15 minute **Reiki Meditation** to channel life force energy to release blockages, restore emotional equilibrium, and enhance overall well-being
- 15 minute **Sound Bath** experience with sound frequencies designed to promote deep relaxation, reduce stress, and bring the body into a meditative state of harmony and balance
- A **reception** with delicious small bites, wine selections and NA options.

This is your opportunity to fill your cup! Join us for what will be a memorable evening for your mind and body. Sign up today! Bring a friend for a discounted rate.
25 People Max. Sellout expected.



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[www.theflostate.com/
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code to purchase.