



ISLAND ^{TO} TABLE CATERING Authentic Caribbean

CATERING MENU

BREAKFAST BY THE TRAY ½ PAN FULL PAN

ACKEE AND SALTFISH	\$150.00	\$250.00
CALLALOO AND SALTFISH	\$100.00	\$200.00

MEAT BY THE TRAY

CURRY GOAT	\$185.00	\$265.00
OXTAIL	\$185.00	\$265.00
CURRY CHICKEN	\$165.00	\$220.00
BROWN STEW CHICKEN	\$165.00	\$220.00
JAMAICA STYLE BBQ WINGS	\$170.00	\$240.00
SWEET & SOUR CHICKEN	\$170.00	\$230.00
JERK CHICKEN	\$175.00	\$250.00

SEAFOOD BY THE TRAY *(SNAPPER FILET OR WHOLE)*

BROWN STEW FISH	\$230.00	\$250.00
STEAM FISH	\$230.00	\$250.00
COCONUT FISH	\$230.00	\$250.00
ESCOVITCH FISH	\$230.00	\$250.00
JERK SALMON	\$250.00	\$375.00
BBQ SALMON	\$250.00	\$375.00

VEGETARIAN BY THE TRAY	½ PAN	FULL PAN
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CURRY TOFU	\$70.00	\$140.00
CURRY POTATOES	\$75.00	\$150.00
SWEET & SOUR TOFU	\$75.00	\$150.00
STRI FRY BOWTIE PASTA	\$65.00	\$130.00
CURRY BUTTER BEANS	\$65.00	\$130.00
STEW PEAS	\$65.00	\$130.00
CABBAGE & CAROTT MIX	\$55.00	\$110.00
FRIED PLANTAINS	\$30.00	\$60.00

STARCH BY THE TRAY

RED PEAS & RICE	\$60.00	\$120.00
GUNGO PEAS & RICE	\$60.00	\$120.00
PLAIN JASMINE RICE	\$35.00	\$70.00
MACARONI & CHEESE	\$75.00	\$150.00
BAKED ZITI	\$75.00	\$150.00
LASAGNA (CRUMBLES)	\$85.00	\$160.00

All our meals are slow cooked and made with organic chicken, wild caught fish, and organic and natural ingredients....