

ONE HOPE TULSA

VOLUNTEER OPPORTUNITIES

SHARE HOPE + LOVE YOUR NEIGHBOR

RESILIENT KIDS

WHAT WE DO: Resilient Kids is an after-school enrichment program designed to build hope and resilience in grade school students. (M-Th, 2:45-5 PM)

WHY WE DO IT: Our program is highly-relational and trauma-responsive. We help kids develop problem-solving skills, relational skills, and social connections, and we involve them in positive activities that protect them from the impact of childhood trauma.

WHERE YOU COME IN: Come connect with kids and support them throughout the program. You could also volunteer to lead music, sports, STEM, or art from 4:00-4:45 as part of our “specials” program!



UNDER THE BRIDGE

WHAT WE DO: Serve a meal to our homeless neighbors every Monday night from 5:30-6:45 PM.

WHY WE DO IT: We're following Jesus's command to love our neighbors by serving the marginalized image-bearers in our community through relationship-building, hope-giving, and practical acts of love.

WHERE YOU COME IN: Join our team of volunteers and help us provide warm meals, essential items, and informational resources to the homeless community in Tulsa. If we have extra time, we'll pick up trash!



LATE NIGHT

WHAT WE DO: Every Friday night from 7:00-10:30 PM, teens are invited to the Rose Bowl to eat dinner, play sports, and meet friends.

WHY WE DO IT: Our goal is to provide a safe and supportive place in the neighborhood for youth to cultivate a healthy self and build relationships with positive peers and trusted adults.

WHERE YOU COME IN: Spend 1-2 Friday nights a month hanging out with youth. Volunteers play basketball and other sports, lead craft times, run the welcome table, and more! Our goal is to build supportive relationships & help teens meet Jesus!



YOUTH MENTORSHIP



WHAT WE DO: Our mentorship program carefully pairs a vulnerable youth with 2 or more adults. The mentorship involves weekly check ins and spending time together as a group for a total of 3- 8 hours a month for a year long.

WHY WE DO IT: To support and disciple teens who desire safe, supportive adults in their lives.

WHERE YOU COME IN: Serve as a mentor! Mentors receive mentorship training and ongoing support from the youth programs director. This volunteer commitment can work around your schedule!

MIDDAY

WHAT WE DO: MidDay is an after-school program for middle school students (M- TH 4:45 PM - 6:15 PM). M, W, & TH are dedicated to our clubs, while Tuesdays is for everyone to come together over dinner!

WHY WE DO IT: We employ Christian discipleship, restorative practices, and a positive youth development approach to foster youth competence, connection, confidence, character, and caring so that youth are empowered to build up themselves, their families, and their communities.

WHERE YOU COME IN: Spend 1-2 afternoons a week hanging out with youth. Volunteers can help with sports, cooking, or arts clubs, and more!

AND MORE!

Scan the QR code and fill out our interest form so we can get you connected!

