



# GOT QUESTIONS ABOUT INTERNING AT ONE HOPE?

ONE HOPE  
TULSA

CREATING FLOURISHING  
NEIGHBORHOODS WHERE  
RELATIONSHIPS BUILD RESILIENCE  
AND HOPE CHANGES OUTCOMES.



# What is an Intern?



Our interns are college aged guys and girls who are pursuing the Lord and are seeking to learn more about urban ministry by spending their summer pouring themselves out and being poured into at One Hope Tulsa. Serving at One Hope for the summer also includes being involved at Springs of Grace Bible Church, our founding church and closest ministry partner.

# What is One Hope?



One Hope Tulsa exists to create flourishing neighborhoods where relationships build resilience and hope changes outcomes. Our approach is trauma-responsive, local church-based, and focused on neighbors on the margins in Northeast Tulsa.

# Why should I do ministry in NE Tulsa?



Northeast Tulsa is an overlooked area of the city. The neighborhood has high poverty rates, especially for children, and is under-resourced. Our neighborhood is also a key area for outreach to the unhoused and other vulnerable people. Come join what God is doing to bring hope in our neighborhood!

# Where will I live?



Interns live in our neighborhood with either host families or in One Hope intern housing. Interns get the privilege of living and working in a racially diverse neighborhood.

# What will I do as an intern?



Interns have two primary activities, staffing One Hope programs and events, and learning alongside and connecting with the intern cohort. Interns should approach this opportunity as a mission trip, having an all-in mindset.

# What will I do as an intern? (Part 2)



Interns will staff a variety of kids, teen, and vulnerable neighbor programs, events, and ministries. This includes the whole range of work (planning and preparation, inviting neighbors, running programs, and cleaning up). Programs and events are lead by One Hope Staff experienced in their areas of ministry.

# What will I do as an intern? (Part 3)



(2) When not staffing programs, interns will get to learn the heart and how of urban ministry among the poor, engage in spiritual formation, and build friendships and group camaraderie.



# Will I have time to rest?



Yes, while the internship is an all-in experience, rest is included as part of the summer schedule. Interns will have one day off a week and there are structured activities built into weekly routine to energize interns to persevere in their work.

I'm interested, what else do I need to know?



**Pay:** Interns are paid a small stipend and have all housing costs and most meal costs covered.

**Timeline:** Virtual Launch is May 17, Interns arrive in Tulsa by May 22nd, and the final day is July 28.

# How do I apply?



Apply online at  
[https://onehopetulsa.com/  
internship](https://onehopetulsa.com/internship)