The Chili Pepper Café

TON Sells Hospital

Week: August 11– August 15, 2025
No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Lemon Buttermilk Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Chicken Clubhouse Salad w/ mixed greens, chicken, pork bacon, green onion, tomatoes, cucumbers, carrots, cheddar cheese, Wheat Roll or Crackers, Lemon Buttermilk Cake or Fruit, Drink \$8.00 (A chicken sub product is available)

SOUP: Albondigas Soup (ground beef).... \$2.50

ALA CARTE: Ham & Muenster Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00 **DINNER:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Chinese Chicken Salad, w/ mixed greens, chicken, celery, green onions, walnuts, carrots, sesame seeds, Chow Mein Noodles, Cookies or Fruit, Drink...\$8.00 (a chicken sub product is available) **SOUP:** Minestrone Soup (vegetarian)...\$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pumpkin Spice Bar or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Philly cheese sandwich w/steak, provolone cheese, grilled onions & green peppers on a sub roll, French Fries, Pumpkin Spice Bar or Fruit, Drink...\$8.00

LUNCH CHOICE3: Black Bean & Tuna & Peppers Salad w/ mixed greens, tuna, red & yellow peppers, red & green onions, cucumbers, carrots, black beans, cilantro, Wheat Roll or Crackers, Pumpkin Spice Bar or Fruit Drink \$8.00 **SOUP:** Hot and Sour Soup (tofu). \$2.00

ALA CARTE: Turkey & American Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00 DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

Thursday Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00 **LUNCH CHOICE 1:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Bread Pudding or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Strawberry Chicken Salad w/ mixed greens, chicken, provolone cheese, red onion, celery, pecans, strawberries, Wheat roll or Crackers, Bread Pudding or Fruit \$8.00 (a chicken sub product is available) **Soup:** Cream of Mushroom Soup (vegetarian) \$2.00

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

Please place lunch order by 10 am Friday

BREAKFAST: Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00 **LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Spinach Salad w/spinach, pork bacon, tomatoes, boiled egg, red onion, mushroom, walnuts, Wheat Roll or Crackers, Dessert or Fruit, Drink \$8.00

Soup: Broccoli Swiss Soup (vegetarian)...2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen