

# The Chili Pepper Café

## TON Sells Hospital

Week: Feb 9 – Feb 13, 2026

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Strawberry Lemonade Cake or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Greek Chicken Salad w/ mixed greens, chicken, Kalamata olives, green onions, feta cheese, cucumbers, Wheat Roll or Crackers, Strawberry Lemonade Cake or Fruit, Drink \$8.00  
(A chicken sub product is available)

**SOUP:** Garden Chili Soup (vegetarian).... \$2.00

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

***Tuesday***

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Spinach Lasagna, Broccoli Salad, Garlic Toast, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chinese Chicken Salad, w/ mixed greens, chicken, celery, green onions, walnuts, carrots, sesame seeds, Chow Mien Noodles, Cookies or Fruit, Drink....\$8.00

**SOUP:** Hot and Sour Soup (tofu) \$2.00

**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am*

***Wednesday***

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Apple Pie or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Summer Salad w/ mixed greens, chicken, mandarin oranges, cranberries, black olives, walnuts, Chow Mien Noodles, Apple Pie or Fruit, Drink ...\$8.00 ( a chicken sub product is available)

**SOUP:** Italian Tortellini Soup (sausage)...\$2.00

**ALA CARTE:** Ham & Muenster Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

***Thursday***

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Pecan Bar or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Antipasto Salad w/mixed greens, chicken, salami, tomatoes, cucumbers, mozzarella cheese, green or red peppers, broccoli, artichoke hearts, red onions, pepperoncini, Wheat roll or Crackers, Pecan Bar or Fruit, Drink \$8.00 (a chicken sub product is available)

**Soup:** Ranchera Soup (chicken). \$2.00

**ALA CARTE:** Roast Beef & American Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

*Please place lunch order by 10 am*

***Friday***

**BREAKFAST:** Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**LUNCH CHOICE 2:** Green Chili Tamales, Jalapeno Rice, Nopalitos, Dessert or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Spinach Caprese Salad w/ spinach, chicken, cucumbers, tomatoes, mozzarella cheese, basil, Wheat Roll or Crackers, Dessert or Fruit, Drink \$8.00

**Soup:** Piquant Vegetable Soup w/ Chickpeas Soup (vegetarian) \$2.00

**ALA CARTE:** Turkey & Swiss Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**



