

# The Chili Pepper Café

## TON Sells Hospital

Week: July 20, 2026– July 24, 2026

No substitutions please

*Please place lunch order by 10 am* **Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/beef, Toss Salad, Wheat Tortilla, Cream Puffs or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Crispy Tofu w/ Black Pepper Sauce, Brown Rice, Toss Salad, Cream Puff or Fruit, Drink \$8.00

**LUNCH CHOICE 3:** Spinach Caprese Salad w/spinach, chicken, tomato, cucumber, mozzarella cheese, basil, Cream Puff or Fruit, Drink...\$8.00

**SOUP:** Asian Tofu Noodle Soup \$2.00 (tofu)

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

***Tuesday*** *Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Greek Chicken Salad w/mixed greens, chicken, Kalamata olives, green onions, cucumbers, feta cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink ...\$8.00 a chicken sub product is available

**Soup:** Garden Chili Soup (vegetarian) \$2.00

**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am* **Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pumpkin Pie or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Philly Cheese Steak (on sub roll, provolone cheese, steak, grilled onion & peppers) Bag of Chips, Pumpkin Pie or Fruit, Drink \$8.00

**LUNCH CHOICE 3:** Chicken Caribbean Salad w/mixed greens, chicken, tomatoes, black beans, pineapple, Pumpkin Pie or Fruit, Drink...\$8.00

**SOUP:** Ranchera Soup (chicken) \$2.00

**ALA CARTE:** Roast Beef & Muenster Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Pumpkin Pie or Fruit, Drink

***Thursday*** *Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, or Fruit, Drink...\$8.00

**Lunch Choice 2:** Roast Chicken & Sweet Potatoes, Carpi Vegetables, Wheat Roll, Dessert or Fruit... \$8.00

**LUNCH CHOICE 3:** Spinach Strawberry Salad, w/spinach, chicken, strawberries, mandarin oranges, candied pecans, red onions, avocados, feta cheese, Wheat Roll or Crackers, Dessert or Fruit, \$8.00

**SOUP:** Broccoli Soup (vegetarian) \$2.00

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

*Please place lunch order by 10 am* **Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Avocado Shrimp Salad w/ mixed greens, shrimp, tomatoes, avocado, red onion, almonds, feta cheese, Wheat Roll or Crackers, Dessert or Fruit, Drink **\$9.00**

**Soup:** Minestrone Soup (vegetarian)

**ALA CARTE:** Turkey & American Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**

