

# The Chili Pepper Café

## TON Sells Hospital

Week: March 16 – March 20, 2026

No substitutions please

*Please place lunch order by 10 am* **Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Cheesecake or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Turkey & Avocado Club Wrap, Bag of Chips, Cup of Soup, Cheesecake or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chinese Chicken Salad, w/ mixed greens, chicken, celery, green onions, walnuts, carrots, Sesame seeds, Chow Mien Noodles, Cheesecake or Fruit, Drink \$8.00

(A chicken sub product is available)

**SOUP:** Lentil & Black Bean Soup (vegetarian).... \$2.00

**ALA CARTE:** Ham & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

*Please place dinner order by 3 pm* **Tuesday**

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Chicken Greek Salad w/mixed greens, chicken, Kalamata olives, green onions, cucumbers, feta cheese, Cookies or Fruit, Drink...\$8.00

**SOUP:** Cream of Vegetable Soup (vegetarian) \$2.00

**ALA CARTE:** Roast beef & Muenster Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am* **Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Chocolate Peanut Butter Pie or Fruit, Drink....\$8.00

**LUNCH CHOICE 2:** Tofu Sweet & Spicy Veggie Stir Fry, Steamed Rice, Toss Salad, Chocolate Peanut Butter Pie

**LUNCH CHOICE 3:** Chicken Clubhouse Salad w/ mixed greens, chicken, pork bacon, green onions, tomatoes, cucumbers, carrots, cheddar cheese, Wheat Roll or Crackers, Chocolate Peanut Butter Pie or Fruit, Drink ...\$8.00

(A chicken sub product is available)

**SOUP:** Cheddar Potato Chowder Soup (ham)...\$2.00

**ALA CARTE:** Turkey & Hot Pepper Jack Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

*Please place dinner order by 3 pm* **Thursday**

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Pumpkin Spice Bar or Fruit, Drink....8.00

**LUNCH CHOICE 2:** Baked Pasta with Four Cheeses, Toss Salad, Garlic Toast, Pumpkin Spice Bar or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Antipasto Salad w/mixed greens, chicken, salami, tomatoes, cucumbers, mozzarella cheese, green or red peppers, broccoli, artichoke hearts, red onions, pepperoncini, Wheat roll or Crackers, Pumpkin Spice Bar or Fruit, Drink \$8.00 (a chicken sub product is available)

**Soup:** Chicken and Noodle Soup (chicken). \$2.00

**ALA CARTE:** Chicken Salad on a Croissant \$5.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

*Please place lunch order by 10 am* **Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Chicken and Beet Salad, w/ mixed greens, chicken, beets, grapes, avocado, feta cheese, Wheat Roll or Crackers, Dessert or Fruit, Drink \$8.00

**Soup:** Chipotle Corn Chowder Soup (vegetarian) \$2.00

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**  
**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**





