

The Chili Pepper Café

TON Sells Hospital

Week: Jan. 12 – Jan. 16, 2026

No substitutions please

Please place lunch order by 10 am **Monday**

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Beatty's Chocolate Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Chicken Pear Salad w mixed greens, chicken, pears, yellow or red peppers, cranberries, red onions, walnuts, Bleu cheese, Wheat Roll or Crackers, Beatty's Chocolate Cake, Drink...\$8.00 (a chicken sub product is available)

SOUP: Mushroom Barley Soup (vegetarian).... \$2.00

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Please place dinner order by 3 pm **Tuesday**

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Chicken Beet Salad, w/ mixed greens, chicken, beets, avocado, tomato, feta cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink...\$8.00 (a chicken sub product is available)

SOUP: Lemon Chicken & Rice Soup (chicken)...\$2.00

ALA CARTE: Chicken Salad on a Croissant \$5.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am **Wednesday**

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Pie or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Chicken Clubhouse Salad w/ mixed greens, chicken, pork bacon, green onions, tomato, cucumbers, carrots, cheddar cheese, Wheat Roll or Crackers, Pie or Fruit, Drink...\$8.00
(a chicken sub product is available)

SOUP: Italian Tortellini Soup (sausage) \$2.00

ALA CARTE: Roast Beef & Hot Pepper Jack Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place dinner order by 3 pm **Thursday**

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Brownie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Spinach Salad w/spinach, pork bacon, tomatoes, boiled egg, red onion, mushroom, walnuts, Wheat Roll or Crackers, Brownie or Fruit, Drink \$8.00

Soup: Vegetable Barley Soup (vegetarian). \$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

Please place lunch order by 10 am **Friday**

BREAKFAST: Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Strawberry Chicken Salad w/ mixed greens, chicken, provolone cheese, red onion, celery, pecans, strawberries, Wheat roll or Crackers, Dessert or Fruit, Drink \$8.00 (a chicken sub product is available)

Soup: Asian Tofu Noodle Soup (tofu) \$2.00

ALA CARTE: Turkey & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen

