

The Chili Pepper Café

TON

Week: Sept. 22, 2025 to Sept. 26, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Apple Crisp or Fruit, Drink \$8.00

LUNCH CHOICE 2: Chicken Spinach Salad w spinach, chicken, cranberries, apricots, mandarin oranges, pineapple, pecans, Wheat Roll or Crackers, Apple Crisp or Fruit, Drink....\$8.00 a chicken sub product is available

SOUP: Cheddar Potato Chowder (ham).... \$2.00

ALA CARTE: Roast Beef & Swiss Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Avocado Shrimp Salad w/ mixed greens, shrimp, red onion, tomatoes, avocado, almonds, feta cheese, Wheat Rolls or Crackers, Cookies or Fruit Drink \$8.00

SOUP: Chipotle Corn Chowder (vegetarian) \$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Tres Leches Cake or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Black Bean & Pepper Tuna Salad w /mixed greens, tuna, red & yellow peppers, red & green onions, cucumber, carrot, black beans, cilantro, Wheat Roll or Crackers, Tres Leches Cake or Fruit, Drink....\$8.00

SOUP: Chicken Noodle Soup (chicken)... \$2.00

ALA CARTE: Ham & Muenster Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Coconut Pie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Caribbean Chicken Salad w/ mixed greens, chicken, black beans, tomatoes, pineapple, Wheat Roll or Crackers, Coconut Pie or Fruit....\$8.00 a chicken sub product is available

Soup: Vegetable Barley Soup (vegetarian)...\$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

ALA CARTE: Sandwich \$4.00 Summer Salad \$6.00 Smoothie \$4.00 Pizza \$5.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen