

# The Chili Pepper Café

## TON Sells Hospital

Week: Feb. 16 – Feb. 20, 2026

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

**ALA CARTE:** Sandwich \$3.00 Summer Salad \$6.00 Veggie Burger \$2.00 extra with cheese Pizza \$5.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

***Tuesday***

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Black Bean & Vegetable Quesadilla w/ sour cream & salsa, Spanish Rice, Toss Salad, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Chicken Beet Salad, w/ mixed greens, chicken, beets, avocado, tomato, feta cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink...\$8.00 (a chicken sub product is available)

**SOUP:** Broccoli Soup (vegetarian)...\$2.00

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am*

***Wednesday***

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pie or Fruit, Drink....\$8.00

**LUNCH CHOICE 2:** Tortellini Primavera, Carpi Vegetables, Garlic Toast, Pie or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chicken Clubhouse Salad w/ mixed greens, chicken, pork bacon, green onions, tomato, cucumbers, carrots, cheddar cheese, Wheat Roll or Crackers, Pie or Fruit, Drink...\$8.00  
(a chicken sub product is available)

**SOUP:** Golden Corn Chowder w/ Roasted Chilies Soup (vegetarian). \$2.00

**ALA CARTE:** Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

***Thursday***

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Banana Bar or Fruit, Drink....\$8.00

**LUNCH CHOICE 2:** Spinach Salad w/spinach, pork bacon, tomatoes, boiled egg, red onion, mushroom, walnuts, Wheat Roll or Crackers, Banana Bar or Fruit, Drink \$8.00

**Soup:** Spicy African Peanut Soup (vegetarian) \$2.00

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

*Please place lunch order by 10 am*

***Friday***

**BREAKFAST:** Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Tofu Vegetable & Curry Stir Fry, Coconut Rice, Toss Salad, Dessert or Fruit, Drink...\$8.00

**LUNCH CHOICE 3 :** Chicken Pear Salad w mixed greens, chicken, pears, yellow or red peppers, cranberries, red onions, walnuts, Bleu cheese, Wheat Roll or Crackers, Drink...\$8.00 ( a chicken sub product is available)

**Soup:** Chicken & Corn Chowder with Sweet Potatoes Soup (chicken) \$2.00

**ALA CARTE:** Ham & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**



