

The Chili Pepper Café

TON Sells Hospital

Week: Dec. 29, 2025 –Jan. 2, 2026

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Red Velvet Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Chicken Pear Salad w/ mixed greens, chicken, pears, walnuts, cranberries, green or yellow peppers, red onions, bleu cheese, Red Velvet Cake or Fruit, Drink...\$8.00. *A chicken sub product is available*

SOUP: Broccoli-Cheese Chowder Soup \$2.00 (vegetarian)

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Turkey & Avocado Club Wrap w/ tomato, red onion, lettuce, deli turkey meat & turkey bacon, cup of soup, bag of chips, Cookies or Fruit, D

Soup: Cauliflower Soup (vegetarian) \$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Banana Bar or Fruit, Drink \$8.00

LUNCH CHOICE 2: Chef Salad w/ mixed greens, turkey, ham, salami, boiled egg, tomatoes, cucumbers, carrots, cheddar & provolone cheese, Wheat Roll or Crackers, Banana Bar or Fruit, Drink \$8.00
Cookies or Fruit, Drink

SOUP: Mexican Corn Soup (chicken) \$2.00

ALA CARTE: Ham & Swiss Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

ALA CARTE: Sandwich \$3.00 Summer Salad \$6.00 Pizza \$5.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

Please place lunch order by 10 am

Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Steak Salad w/mixed greens, beef steak, tomatoes, red onion, mushrooms, walnuts, Bleu cheese, Wheat Roll or Crackers, Dessert or Fruit, Drink, \$8.00

Soup: Italian Sausage Soup (sausage) \$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen