

The Chili Pepper Café

TONHC

Week: August 3, 2026 to August 7, 2026

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Buttermilk Pie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Summer Salad w/ mixed greens, chicken, black olives, cranberries, mandarin oranges, walnuts, Chow Mein Noodles, Buttermilk Pie or Fruit, Drink...\$8.00

SOUP: Cauliflower Soup (vegetarian)

ALA CARTE: Tuna Sandwich ...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Grilled Corn, Black Bean & Roasted Pepper Quesadilla, Jalapeno Rice, Salsa & Sour cream, Broccoli Salad, Cookies or Fruit, Drink\$8.00

LUNCH CHOICE 3: Black Bean & Pepper Tuna Salad w /mixed greens, tuna, red & yellow peppers, red & green onions, cucumbers, carrots, black beans, cilantro, Cookies or Fruit, Drink...\$8.00

SOUP: Chicken & Corn Chowder with Sweet Potatoes Soup \$2.00 (chicken)

ALA CARTE: Ham and Swiss cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Beatty's Chocolate Cake or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Hamburger or Black Bean w/lettuce, tomatoes, red onion, pickles, Extra charge bacon, mushrooms, grilled onions, French Fries, Beatty's Chocolate Cake or Fruit, Drink..\$8.00

LUNCH CHOICE 3: Mediterranean Bean Salad w/ mixed greens, garbanzo & black beans, tomatoes, cucumbers, feta cheese, green onions, parsley, mint, Pita Chips, Beatty's Chocolate Cake or Fruit, Drink....\$8.00

SOUP: Broccoli - Cheese Chowder Soup (vegetarian) \$2.00

ALA CARTE: Sub Sandwich...\$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Brownie or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Tortellini Primavera, Garlic Toast, Tomato & Cucumber Salad, Brownie or Fruit, Drink...\$8.00

LUNCH CHOICE 3: Chicken Cobb Salad w/mixed greens, chicken, pork bacon, boiled egg, tomatoes, green onion, avocado, Bleu cheese, Wheat Roll or Crackers, Brownie or Fruit, Drink ...\$8.00

Soup: Mexican Corn Soup (chicken)...\$2.00

ALA CARTE: Roast Beef & Muenster Sandwich ...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat roll, Dessert or Fruit, Drink...\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

LUNCH CHOICE 2: Chicken & Apple Salad w/ mixed greens, chicken, gala & green apples, celery, Swiss cheese, pecans, Crackers or Wheat Roll, Dessert or Fruit, Drink \$8.00

ALA CARTE: Turkey & American Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm
To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen



