

# The Chili Pepper Café

## TON Sells Hospital

Week: August 18 to August 22, 2025

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Red Velvet Cake or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Chicken Beet Salad w mixed greens, chicken, beets, grapes, avocado, feta cheese, Wheat Roll or Crackers, Red Velvet Cake or Fruit, Drink...\$8.00 a chicken sub product is available

**SOUP:** Golden Corn Chowder w/ Roasted Chiles (vegetarian)...\$2.00

**ALA CARTE:** Roast Beef & Muenster Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Tuesday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Greek Chicken Salad, w/ mixed greens, chicken, green onions, cucumbers, Kalamata olives, feta cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink...\$8.00

**SOUP:** Chicken & Corn Chowder with Sweet Potatoes Soup (chicken)...\$2.00

**ALA CARTE:** Ham & Hot Pepper Jack Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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**Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Brownie or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Fish Sandwich w/ tarter sauce, lettuce, cheese, French Fries, Coleslaw, Brownie or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Summer Salad w/ mixed greens, chicken, cranberries, mandarin oranges, black olives, walnuts, Chow Mein Noodles, Brownie or Fruit, Drink... \$8.00

**SOUP:** Potato & Roasted Red Pepper Soup (vegetarian). ..\$2.00

**ALA CARTE:** Tuna Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**Thursday**

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Lemon Bar or Fruit, Drink....8.00

**LUNCH CHOICE 2:** Caribbean Chicken Salad w/mixed greens, chicken, black beans, tomatoes, pineapple, Wheat Roll or Crackers, Lemon Bar or Fruit Drink... \$8.00

**Soup:** Broccoli Soup (vegetarian) \$2.00

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

*Please place lunch order by 10 am*

**Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Chicken & Berry Salad w/ mixed greens, chicken, red onion, celery, strawberries, blueberries, Swiss cheese, almonds, Wheat Roll or Crackers, Dessert or Fruit, Drink \$8.00

**Soup:** Spicy African Peanut Soup (vegetarian)...\$2.00

**ALA CARTE:** Turkey & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**