

The Chili Pepper Café

TONHC

Week: April 20 to April 24, 2026

No substitutions please

Please place lunch order by 10 am **Monday**

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Chocolate Peanut Butter Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Antipasto Salad w/mixed greens, chicken, salami, cucumbers, red onion, green or red peppers, tomatoes, cauliflower, artichoke heart, pepperoncini, mozzarella cheese, Wheat Roll or Crackers, Chocolate Peanut Butter Cake or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Broccoli-Cheese Chowder ...\$2.00 (vegetarian)

ALA CARTE: Chicken Salad on a Croissant...\$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Please place dinner order by 3 pm **Tuesday**

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Bread Pudding or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Butternut Squash Chili with Quinoa, Toss Salad, Cornbread, Bread Pudding or Fruit, Drink \$8.00

LUNCH CHOICE 3: Chicken Caesar Salad w/ mixed greens, chicken, black olives, red or yellow peppers, parmesan cheese, lemon, Croutons, Bread Pudding or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Mushroom Barley Soup \$2.00 (vegetarian)

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am **Wednesday**

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Pie or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Tuna & Noodle, Zucchini, Carrot Raisin Salad, Wheat Roll, Pie or Fruit, Drink...\$8.00

LUNCH CHOICE 3: Chicken Beet Salad w/ mixed greens, chicken, beets, avocados, grapes, feta cheese, Wheat Roll or Crackers, Pie or Fruit, Drink ...\$8.00

SOUP: Mexican Corn Soup (chicken) \$2.00

ALA CARTE: Turkey & Hot Pepper Jack Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place dinner order by 3 pm **Thursday**

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat roll, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Patty Melt (beef or black bean w/grilled onions, Swiss cheese, Thousand Island dressing, rye bread) French Fries, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 3: Chicken & Berry Salad w/ mixed greens, chicken, strawberries, blueberries, celery, red onions, almonds, Wheat Roll or Crackers, or Fruit, Drink....\$8.00 a chicken sub product is available

Soup: Italian Sausage Soup (sausage)...\$2.00

ALA CARTE: Tuna Sandwich ...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am **Friday**

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Black Bean & Pepper Tuna Salad w/ mixed greens, tuna, red & yellow peppers, red & green onions, cucumber, carrot, black beans, cilantro, Wheat Roll or Crackers, Dessert or Fruit, Drink....\$8.00

SOUP: Cauliflower Soup (vegetarian)...\$2.00

ALA CARTE: Ham & Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen



