

The Chili Pepper Café

TONHC

Week: August 31, 2026 to Sept. 4, 2026

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Custard Pie or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Black Bean & Vegetable Quesadilla, Jalapeno Rice, Broccoli Salad with grapes, Custard Pie or Fruit, Drink \$8.00

LUNCH CHOICE 3: Chicken Cobb Salad w/mixed greens, chicken, pork bacon, boiled egg, tomatoes, green onion, avocado, Bleu cheese, Wheat Roll or Crackers, Custard Pie or Fruit, Drink ...\$8.00 a chicken sub product is available

SOUP: Mexican Corn Soup (chicken)

ALA CARTE: Tuna Sandwich ...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Black Bean & Pepper Tuna Salad w /mixed greens, tuna, red & yellow peppers, red & green onions, cucumbers, carrots, black beans, cilantro, Wheat Roll or Crackers, Cookies or Fruit, Drink...\$8.00

SOUP: Vegetable Soup \$2.00 (vegetarian)

ALA CARTE: Chicken Salad on a Croissant \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Chocolate Cake w/ chocolate frosting or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Mediterranean Bean Salad w/ mixed greens, garbanzo & black beans, tomatoes, cucumbers, feta cheese, green onions, parsley, mint, Pita Chips, Chocolate Cake w chocolate frosting or Fruit, Drink....\$8.00

SOUP: Minestrone Soup (vegetarian) \$2.00

ALA CARTE: Sub Sandwich...\$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Brownie or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Philly Cheesesteak or Black Bean w/sautéed onion & peppers, provolone cheese, mushrooms, on wheat sub roll, French Fries, Brownie or Fruit, Drink...\$8.00

LUNCH CHOICE 3: Spinach Strawberry Salad w/ spinach, strawberries, mandarin oranges, candied pecans, feta cheese, red onion, avocados, Wheat Roll or Crackers, Brownie or Fruit, Drink...\$8.00

Soup: Cream of Mushroom Soup (vegetarian)...\$2.00

ALA CARTE: Roast Beef & Muenster Sandwich ...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat roll, Dessert or Fruit, Drink...\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Chicken & Apple Salad w/ mixed greens, chicken, gala & green apples, celery, Swiss cheese, pecans, Crackers or Wheat Roll, Dessert or Fruit, Drink \$8.00

SOUP: Smoky Pasta & Bean Soup (turkey bacon)

ALA CARTE: Turkey & American Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen



