The Chili Pepper Café

TON Sells Hospital

Week: Oct. 13 – Oct. 17, 2025 No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Chocolate Chevron Cake or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Cobb Salad w/ mixed greens, chicken, pork bacon, green onion, tomatoes, avocado, boiled egg, Bleu cheese, Wheat Roll or Crackers, Chocolate Chevron Cake or Fruit, Drink \$8.00 (A chicken sub product is available)

SOUP: Spicy African Peanut Soup (vegetarian).... \$2.00

ALA CARTE: Roast Beef & Muenster Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00 **DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Tuesday Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Chinese Chicken Salad, w/ mixed greens, chicken, celery, green onions, walnuts, carrots, sesame seeds, Chow Mein Noodles, Cookies or Fruit, Drink...\$8.00 (a chicken sub product is available)

SOUP: Potato & Roasted Red Pepper Soup (vegetarian)...\$2.00

ALA CARTE: Ham & American Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00 DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Please place lunch order by 10 am Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Pecan Pie or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Rueben Sandwich (corned beef, sauerkraut, Thousand Island dressing, Swiss cheese grilled on rye bread) French Fries, Pecan Pie or Fruit, Drink..\$8.00

SOUP: Chicken & Corn Chowder with Sweet Potatoes Soup (chicken) \$2.00

ALA CARTE: Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Thursday Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00 **LUNCH CHOICE 1:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Peach or Apple Fruit Crisp or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Strawberry Chicken Salad w/ mixed greens, chicken, provolone cheese, red onion, celery, pecans, strawberries, Wheat roll or Crackers, Peach or Apple Fruit Crisp or Fruit \$8.00 (a chicken sub product is available)

Soup: Ranchera Soup (chicken), \$2.00

ALA CARTE: Tuna Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

Please place lunch order by 10 am <u>Friday</u>

BREAKFAST: Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00 **LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Spinach Salad w/spinach, pork bacon, tomatoes, boiled egg, red onion, mushroom, walnuts, Wheat Roll or Crackers, Dessert or Fruit, Drink \$8.00

Soup: Broccoli Soup (vegetarian) \$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen