

The Chili Pepper Café

TONHC

Week: August 10 to August 14 2026

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Lemon Buttermilk Cake or Fruit, Drink.... \$8.00

LUNCH CHOICE 2: Chinese Chicken Salad w/mixed greens, chicken, celery, carrots, walnuts, green onions, sesame seeds, Chow Mein Noodles, Lemon Buttermilk Cake or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Cream of Potato Soup (vegetarian) ...\$2.00

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8. 00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos, Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Spinach Salad w/spinach, bacon, boiled egg, mushroom, tomatoes, red onion, walnuts, Wheat Roll or Crackers, Cookies or Fruit, Drink....\$8.00

SOUP: Vegetable Barley Soup (vegetarian)...\$2.00

ALA CARTE: Ham & Hot Pepper Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Chocolate Peanut Butter Pie or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Chef Salad w/ mixed greens, turkey, ham, salami, boiled egg, cheddar & provolone cheese, tomatoes, cucumbers, carrots, Wheat Roll or Crackers, Chocolate Peanut Butter Pie or Fruit, Drink....\$8.00

SOUP: Lemon Chicken & Rice Soup. ..\$2.00 (chicken)

ALA CARTE: Tuna Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Bread Pudding or Fruit, Drink...\$8. 00

LUNCH CHOICE 2: Chicken Strawberry Salad w/ mixed greens, chicken, strawberries, celery, red onions, pecans, Swiss cheese, Bread Pudding or Fruit, Drink.... \$8.00 a chicken sub product is available

Soup: Mushroom Barley Soup (vegetarian).... \$2.00

ALA CARTE: Chicken Salad on a Croissant \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Spinach Salad w/spinach, chicken, cranberries, apricots, mandarin oranges, pineapples, pecans, Wheat Roll or Crackers, Dessert or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Cream of Broccoli Soup (vegetarian) \$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to

