

The Chili Pepper Café

TONHC

Week: September 28 to October 2, 2026

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Banana Cake or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Caesar Salad w/mixed greens, chicken, black olives, parmesan cheese, lemon, red or yellow peppers, Croutons, Banana Cake or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Broccoli-Cheese Soup ...\$2.00 (vegetarian)

ALA CARTE: Sub Sandwich ...\$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Beet Salad w/ mixed greens, chicken, beets, avocado, grapes, feta cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink....\$8.00 a chicken sub product is available

SOUP: Vegetable Barley Soup (vegetarian)...\$2.00

ALA CARTE: Ham & Cheddar Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Bread Pudding or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Indian Taco w/ ground beef or veggie crumble, pinto beans, lettuce, tomatoes, cheese, salsa, sour cream, Bread Pudding or Fruit, Drink...\$8.00

LUNCH CHOICE 3: Greek Chicken Salad w/mixed greens, chicken, Kalamata olives green onion, cucumbers, feta cheese, Bread Pudding or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Mexican Corn Soup (chicken)...\$2.00

ALA CARTE: Roast Beef & Munster Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Pumpkin Pie or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Tortellini Primavera, Garlic Toast, Tomato & Cucumber Salad, Pumpkin Pie or Fruit, Drink \$8.00

LUNCH CHOICE 3: Spinach Caprese Salad w/spinach, chicken, tomatoes, cucumbers, mozzarella cheese, basil leaves, Pumpkin Pie or Fruit, Drink ...\$8.00 a chicken sub product is available

Soup: Chicken & Corn Chowder w/ Sweet Potatoes (chicken).... \$2.00

ALA CARTE: Egg Salad Sandwich ...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat roll, Dessert or Fruit, Drink...\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Summer Salad w/mixed greens, chicken, cranberries, mandarin oranges, black olives, walnuts, Chow Mein Noodles, Dessert or Fruit, Drink....\$8.00 a chicken sub product is available

SOUP: Lemon Chicken & Rice Soup (chicken) \$2.00

ALA CARTE: Turkey & Hot Pepper Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen