

# The Chili Pepper Café

## TON Sells Hospital

Week: March 9, 2026– March 13, 2026

No substitutions please

*Please place lunch order by 10 am* **Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Cream Puff or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Avocado Shrimp Salad w/ mixed greens, shrimp, tomatoes, avocado, red onion, almonds, feta cheese, Cream Puff or Fruit, Drink, \$8.00

**SOUP:** Albondigas Soup \$2.50 (ground beef)

**ALA CARTE:** Roast Beef and Cheddar Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Tepary Bean Stew w/beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

*Tuesday* *Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Chef Salad w/ mixed greens, turkey, ham, salami, boiled egg, tomatoes, cucumbers, carrots, cheddar & provolone cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink \$8.00

**Soup:** Vegetable Barley Soup (vegetarian) \$2.00

**ALA CARTE:** Turkey & Swiss Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am* **Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Carrot Cake or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Rueben or Black Bean Sandwich (corned beef or black bean grilled on rye bread, sauerkraut, thousand island dressing, Swiss cheese) w French Fries, Carrot Cake or Fruit, Drink \$8.00

**LUNCH CHOICE 3:** Chicken Pear Salad w/ mixed greens, chicken, pears, walnuts, cranberries, green or yellow peppers, red onions, Bleu cheese, Wheat Roll or Crackers, Carrot Cake or Fruit, Drink \$8.00 *A chicken sub product is available*

**SOUP:** Italian Tortellini Soup (sausage) \$2.00

**ALA CARTE:** Egg Salad \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Thursday* *Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Apple Crisp or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Spinach Caprese Salad, w/spinach, chicken, tomatoes, cucumbers, mozzarella cheese basil leaves, Wheat Roll or Crackers, Apple Crisp or Fruit, Drink \$8.00

**SOUP:** Lemon Chicken Rice Soup (chicken) \$2.00

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$.00 Smoothie \$4.00

**DINNER:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

*Please place lunch order by 10 am* **Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Steak Salad w/mixed greens, beef steak, tomatoes, red onion, mushrooms, walnuts, feta cheese, Wheat Roll or Crackers, Dessert or Fruit, \$8.00

Dessert or Fruit, Drink.....\$8.00

**Soup:** Asian Tofu Noodle Soup (vegetarian) \$2.00

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**

