

# The Chili Pepper Café

## TON Sells Hospital

Week: October 6 – October 10, 2025

No substitutions please

*Please place lunch order by 10 am* **Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Lemon Buttermilk Cake or Fruit, Drink \$8.00

**LUNCH CHOICE 2:** Chef Salad w/ mixed greens, turkey, ham, salami, boiled egg, tomatoes, cucumbers, carrots, cheddar & provolone cheese, Wheat Roll or Crackers, Lemon Buttermilk Cake or Fruit, Drink \$8.00

**SOUP:** Broccoli Swiss Soup \$2.00 (vegetarian)

**ALA CARTE:** Ham & American Cheese Sandwich \$3.00 Smoothie \$4.00

**DINNER:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

***Tuesday*** *Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Custard Pie or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Chicken Pear Salad w/ mixed greens, chicken, pears, walnuts, cranberries, yellow or red peppers, red onions, bleu cheese, Custard Pie or Fruit, Drink...\$8.00. *A chicken sub product is available*

**SOUP:** Cream of Mushroom Soup \$2.00 (vegetarian)

**ALA CARTE:** Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am* **Wednesday**

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Pumpkin Spice Bars or Fruit, Drink....\$8.00

**LUNCH CHOICE 2:** Steak Salad w/mixed greens, beef steak, tomatoes, red onion, mushrooms, walnuts, Bleu cheese, Wheat Roll or Crackers, Pumpkin Spice Bar or Fruit, Drink, \$8.00

**SOUP:** Minestrone Soup (vegetarian) \$2.00

**ALA CARTE:** Sub Sandwich...\$4.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink \$8.00

***Thursday*** *Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Bread Pudding or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Spinach Caprese Salad w/spinach, chicken, tomatoes, cucumbers, basil, mozzarella cheese, Dinner Roll or Crackers, Bread Pudding or Fruit, Drink \$8.00 a chicken sub product is available

**Soup:** Hot & Sour Soup (tofu) \$2.00

**ALA CARTE:** Turkey & Swiss Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

*Please place lunch order by 10 am* **Friday**

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Chicken & Apple Salad w/ mixed greens, chicken, gala & granny smith apples, celery, Swiss cheese, pecans, Crackers or Dinner Roll, Dessert or Fruit \$8.00 a chicken sub product is available

**Soup:** Cream of Vegetable Soup (vegetarian) \$2.00

**ALA CARTE:** Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**