

# The Chili Pepper Café

## TON

Week: Oct. 27 to Oct. 31, 2025

No substitutions please

*Please place lunch order by 10 am*

**Monday**

**BREAKFAST:** Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Strawberry Cheesecake Bars or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Caribbean Chicken Salad w/ mixed greens, chicken, black beans, tomatoes, pineapple, Wheat Roll or Crackers, Strawberry Cheesecake Bars or Fruit....\$8.00 a chicken sub product is available

**SOUP:** Mushroom & Barley Soup ...\$2.00

**ALA CARTE:** Roast Beef & Cheddar Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

*Tuesday*

*Please place dinner order by 3 pm*

**BREAKFAST:** Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Black Bean Chili w/ Cilantro Pesto, Toss Salad, Cornbread, Cookies or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Chicken & Apple Salad w/ mixed greens, chicken, Gala & Granny Smith apples, celery, walnuts, provolone cheese, Cookies or Fruit, Drink...\$8.00

**SOUP:** Garden Chili Soup (vegetarian) .... \$2.00

**ALA CARTE:** Turkey & Hot Pepper Jack Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Please place lunch order by 10 am*

*Wednesday*

**BREAKFAST:** Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Banana Bar or Fruit, Drink ...\$8.00

**LUNCH CHOICE 2:** Spinach Lasagna, Toss salad, Garlic Toast, Banana Bar or Fruit, Drink...\$8.00

**LUNCH CHOICE 3:** Black Bean & Pepper Tuna Salad w /mixed greens, tuna, red & yellow peppers, red & green onions, cucumber, carrot, black beans, cilantro, Wheat Roll or Crackers, or Fruit, Drink....\$8.00

**SOUP:** Smoky Pasta & Bean Soup (turkey bacon)... \$2.00

**ALA CARTE:** Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Turkey w/ gravy, Stuffing, Spinach & Onion, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

*Thursday*

*Please place dinner order by 3 pm*

**BREAKFAST:** Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Roast Pork, Baked Yams, Green Beans, Tossed salad, Wheat roll, Beatty's Chocolate Cake or Fruit, Drink...\$8.00

**LUNCH CHOICE 2:** Chicken Spinach Salad w spinach, chicken, cranberries, apricots, mandarin oranges, pineapple, pecans, Wheat Roll or Crackers, Beatty's Chocolate Cake or Fruit, Drink....\$8.00 a chicken sub product is available

**Soup:** Mexican Corn Soup (chicken).... \$2.00

**ALA CARTE:** Chicken Salad on a Croissant \$5.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

*Please place lunch order by 10 am*

*Friday*

**BREAKFAST:** Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

**LUNCH CHOICE 1:** Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Tossed Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

**LUNCH CHOICE 2:** Avocado Shrimp Salad w/ mixed greens, shrimp, red onion, tomatoes, avocado, almonds, feta cheese, Wheat Rolls or Crackers, Dessert or Fruit Drink \$8.00

**SOUP:** Cream of Potato Soup (vegetarian)...\$2.00

**ALA CARTE:** Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

**DINNER:** Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

**Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm**

**To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen**