

The Chili Pepper Café

TONHC

Week: July 27 to July 31, 2026
No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Custard Pie or Fruit, Drink \$8.00

LUNCH CHOICE 2: Antipasto Salad w/mixed greens, chicken, salami, mozzarella cheese, cucumbers, green or red peppers, broccoli, tomatoes, artichoke heart, red onion, pepperoncini, Wheat Roll or Crackers, Custard Pie or Fruit, Drink...\$8.00

SOUP: Potato & Roasted Pepper Soup ...\$2.00 (vegetarian)

ALA CARTE: Chicken Salad on a Croissant ...\$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Beet Salad w/ mixed greens, chicken, beets, avocado, grapes, feta cheese, Wheat Roll or Crackers, Cookies or Fruit, Drink....\$8.00 a chicken sub product is available

SOUP: Split Pea & Ham Soup (ham)...\$2.00

ALA CARTE: Ham & Muenster Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Cheesecake or Fruit, Drink ...\$8.00

LUNCH CHOICE 2: Almond Crusted Fish, Rice Pilaf, Toss Salad, Wheat Roll, Cheesecake or Fruit...Drink \$8.00

LUNCH CHOICE 3: Avocado Shrimp Salad w/mixed greens, shrimp, tomatoes, red onion, almonds, avocado, feta cheese, Cheesecake or Fruit, Drink...\$9.00

SOUP: Piquant Vegetable Soup (vegetarian).... \$2.00

ALA CARTE: Egg Salad Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Dessert Cake or Fruit, Drink....\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat roll, Chocolate Peanut Butter Cake or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Caesar Salad w/ mixed greens, chicken, black olives, lemon, red or yellow peppers, parmesan cheese, Croutons, Chocolate Peanut Butter Cake or Fruit, Drink ...\$8.00 a chicken sub product is available

Soup: Golden Corn Chowder w/ Roasted Chilies Soup (vegetarian)...\$2.00

ALA CARTE: Sub Sandwich ...\$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Pie or Fruit, Drink....\$8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Spinach & Strawberry Salad w/ spinach, chicken, strawberries, mandarin oranges, red onions, avocado, feta cheese, candied pecans, Wheat Roll or Crackers, or Fruit, Drink....\$8.00 a chicken sub product is available

SOUP: Spicy African Peanut Soup (vegetarian) \$2.00

ALA CARTE: Roast Beef & Hot Pepper Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm
To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen