

The Chili Pepper Café

TON Sells Hospital

Week: August 25, 2025 – August 29, 2025

No substitutions please

Please place lunch order by 10 am

Monday

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Chocolate Peanut Butter Cake or Fruit, Drink \$8.00

LUNCH CHOICE 2: Spinach Chicken Salad w/ spinach, chicken, cranberries, apricots, mandarin oranges, pineapple tidbits, pecans, Wheat Roll or Crackers, Chocolate Peanut Butter Cake or Fruit, Drink \$8.00 a chicken sub product is available

SOUP: Piquant Vegetable w/ chickpeas Soup (vegetarian) \$2.00

ALA CARTE: Egg Salad Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Dessert or Fruit, Drink...\$8.00

Tuesday

Please place dinner order by 3 pm

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Cookies or Fruit ...\$8.00

LUNCH CHOICE 2: Antipasto Salad w/mixed greens, chicken, salami, mozzarella, cucumbers, red onion, red peppers, broccoli, tomatoes, artichoke hearts, pepperoncini, Wheat roll or Crackers, Cookies or Fruit, Drink \$8.00 a chicken sub product is available

SOUP: Ranchera Soup (chicken) \$2.00

ALA CARTE: Roast Beef & Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

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Wednesday

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Apple Crisp or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Grilled Cheese Sandwich, cup of soup, bag of chips, Apple Crisp or Fruit, Drink \$8.00

LUNCH CHOICE 3: Chicken Caesar Salad w/ mixed greens, chicken, black olives, red or yellow peppers, parmesan cheese, lemon, Croutons, Apple Crisp or Fruit, Drink...\$8.00 a chicken sub product is available

SOUP: Tomato Rice Soup (vegetarian) \$2.00

ALA CARTE: Ham & Hot Pepper Cheese Sandwich...\$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, Dessert or Fruit, Drink ...\$8.00

Thursday

Please place dinner order by 3 pm

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat roll, Banana Bar or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Mediterranean Bean Salad w mixed greens, black beans, garbanzo beans, tomatoes, green onion, cucumbers, feta cheese, parsley, mint, Pita chips, Banana Bar or Fruit, Drink...\$8.00

Soup: Broccoli-Cheese Chowder Soup (vegetarian) \$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Dessert or Fruit, Drink....8.00

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Friday

BREAKFAST: Malt O Meal, Fried Egg, Cooked Beans with Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Strawberry Spinach Salad w/spinach, chicken, strawberries, mandarin oranges, red onion, avocados, candied pecans, feta cheese, Wheat Roll or Crackers, Drink...\$8.00 a chicken sub product is available

Soup: Italian Sausage Soup (sausage)...\$2.00

ALA CARTE: Sub Sandwich \$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Pot Roast w/ Potato, Carrots & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen