

The Chili Pepper Café

TON Sells Hospital

Week: Jan. 5 – Jan. 9, 2026

No substitutions please

Please place lunch order by 10 am **Monday**

BREAKFAST: Malt O Meal, Pancakes, Sausage, Applesauce, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Tepary Bean Stew w/ Beef, Toss Salad, Wheat Tortilla, Tres Leches Cake or Fruit, Drink...\$8.00

LUNCH CHOICE 2: Chicken Cobb Salad w/ mixed greens, chicken, pork bacon, green onion, tomatoes, avocado, boiled egg, Bleu cheese, Wheat Roll or Crackers, Tres Leches Cake or Fruit, Drink \$8.00
(A chicken sub product is available)

SOUP: Cream of Broccoli Soup (vegetarian).... \$2.00

ALA CARTE: Roast Beef & Swiss Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Meatloaf, Mashed Potato w/ Gravy, Carrots, Toss Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

Please place dinner order by 3 pm **Tuesday**

BREAKFAST: Oatmeal, Boiled Egg, Wheat Toast, Grapes, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Roast Pork w/ Gravy, Yam, Mixed Vegetables, Waldorf salad, Wheat Roll, Mixed Berry Pie or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Summer Salad w/ mixed greens, chicken, mandarin oranges, cranberries, black olives, walnuts, Chow Mien Noodles, Mixed Berry Pie or Fruit, Drink ...\$8.00 (a chicken sub product is available)

SOUP: Hot and Sour Soup (tofu) \$2.00

ALA CARTE: Turkey & Cheddar Cheese Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Tacos Beef or Veggie Crumble (3) w/ lettuce, tomato, cheese, sour cream & salsa, Refried Beans, Dessert or Fruit, Drink ...\$8.00

Please place lunch order by 10 am **Wednesday**

BREAKFAST: Oatmeal, Scrambled Egg with Bacon Bits, Bran Muffin, Pineapple, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Turkey w/ gravy, Stuffing, Spinach & Onion, Toss Salad, Wheat Roll, Lemon Bar or Fruit, Drink....\$8.00

LUNCH CHOICE 2: Chinese Chicken Salad, w/ mixed greens, chicken, celery, green onions, walnuts, carrots, sesame seeds, Chow Mein Noodles, Lemon Bar or Fruit, Drink...\$8.00 (a chicken sub product is available)

SOUP: Split Pea and Ham Soup (ham)...\$2.00

ALA CARTE: Sub Sandwich...\$4.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Garbanzo Bean Stew w/ Beef, Steamed Zucchini, Carrot Raisin Salad, Wheat Tortilla, or Fruit, Drink ...\$8.00

Please place dinner order by 3 pm **Thursday**

BREAKFAST: Malt O Meal, Scrambled Eggs, Canadian bacon, Wheat Toast, Banana, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Swiss steak, Mashed Potato, Mixed Vegetables, Tomato & Cucumber Salad, Wheat Roll, Apple Crisp or Fruit, Drink....8.00

LUNCH CHOICE 2: Spinach Caprese Salad w/spinach, chicken tomatoes, cucumbers, mozzarella, basil, Wheat roll or Crackers, Apple Crisp or Fruit, Drink \$8.00 (a chicken sub product is available)

SOUP: Cream of Potato Soup (vegetarian). \$2.00

ALA CARTE: Ham & Provolone Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Roast Pork, Baked Yams, Green Beans, Toss Salad, Wheat Roll, Dessert or Fruit, Drink...\$8.00

Please place lunch order by 10 am **Friday**

BREAKFAST: Malt O Meal, Fried Egg, Pinto Beans, Salsa, Wheat Tortilla, Fruit, Coffee or Tea.....\$8.00

LUNCH CHOICE 1: Pot Roast w/ Potato, Carrots & Onions, Mixed Green Salad, Wheat Roll, Dessert or Fruit, Drink \$8.00

LUNCH CHOICE 2: Greek Chicken Salad w/ mixed greens, chicken, Kalamata olives, green onions, feta cheese, cucumbers, Wheat Roll or Crackers, or Fruit, Drink \$8.00

SOUP: Chicken Tortilla Soup (chicken) \$2.00

ALA CARTE: Tuna Sandwich \$3.00 Side Salad \$2.00 Smoothie \$4.00

DINNER: Baked Chicken w/ Gravy, Quinoa w/ Corn, Spinach & Onions, Toss Salad, Wheat Roll, Dessert or Fruit, Drink....\$8.00

Hours of Operation: Breakfast 7:30am to 9:00am / Lunch 11:30am to 1:30pm / Dinner 5:00pm to 6:00pm

To place an order, call 520-383-7200 press ext. 5190 to be connected to the kitchen