



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>TAEKWONDO</b> Tuesdays + Thursday 4:30-5:30 + 7-8 PM</p>		<p>1 9:30am  <b>Cardio Kickboxing</b> Taylor</p>	<p>2  9:30am Dance Party / Amber T.  5:45pm Chris</p>	<p>3 10 am Ask a Trainer </p>	<p>4  Morning Cycle! 9:30am with Taylor M. </p>	<p>5 9am PURE STRETCH Susan </p>
6	<p>7  9:30am Chris  5:45pm Dance Party / Amber T.</p>	<p>8 9:30am  <b>Cardio Kickboxing</b> Taylor</p>	<p>9  9:30am Dance Party / Amber T.  5:45pm Chris</p>	<p>10 10 am Ask a Trainer </p>	<p>11  Morning Cycle! 9:30am with Taylor M. </p>	<p>12 9 am  <b>BOOT CAMP</b> Chris</p>
13	<p>14  9:30am Chris  5:45pm Dance Party / Amber T.</p>	<p>15 9:30am  <b>Cardio Kickboxing</b> Taylor</p>	<p>16  9:30am Dance Party / Amber T.  5:45pm Chris</p>	<p>17 10 am Ask a Trainer </p>	<p>18  Morning Cycle! 9:30am with Taylor M. </p>	<p>19 No Classes Easter Weekend</p>
<p>20 </p>	<p>21  9:30am Chris  5:45pm Dance Party / Amber T.</p>	<p>22 9:30am  <b>Cardio Kickboxing</b> Taylor</p>	<p>23  9:30am Dance Party / Amber T.  5:45pm Chris</p>	<p>24 10 am Ask a Trainer </p>	<p>25  Morning Cycle! 9:30am with Taylor M. </p>	<p>26 9 am  <b>BOOT CAMP</b> Chris</p>
27	<p>28  9:30am Chris  5:45pm Dance Party / Amber T.</p>	<p>29 9:30am  <b>Cardio Kickboxing</b> Taylor</p>	<p>30  9:30am Dance Party / Amber T.  5:45pm Chris</p>	<p><b>PERSONAL TRAINING</b> available here</p>		