


































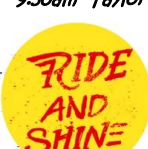














Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>PERSONAL TRAINING available here</p>			<p>1 5:30am Susan</p>  <p>ABS BLAST</p> <p>5:45pm Bootcamp</p> 	<p>2 9:30am Caitlin</p>  <p>Keepin' it Peachy LOWER BODY FOCUSED</p>  <p>6 pm Dance Party Amber T.</p>	<p>3 SPIN Class! 30 min 9:30am Taylor</p> 	<p>4 9am Stretch / Susan</p>  <p>FLOW</p>
<p>5</p> 	<p>6 <u>No Morning Classes</u></p>  <p>6 pm Dance Party Amber T.</p>	<p>7 9:30am Taylor</p>  <p>6 pm Caitlin</p>  <p>Keepin' it Peachy LOWER BODY FOCUSED</p>	<p>8 5:30am Susan</p>  <p>ABS BLAST</p> <p>5:45pm Bootcamp</p> 	<p>9 9:30am Caitlin</p>  <p>Bionco Burn UPPER BODY FOCUSED</p>  <p>6 pm Dance Party Amber T.</p>	<p>10 SPIN Class! 30 min 9:30am Taylor</p> 	<p>11 9am Chris</p> 
<p>12</p>	<p>13 5:30am Chris</p>  <p>9:30am Chris</p>  <p>6 pm Dance Party Amber T.</p>	<p>14 9:30am Taylor</p>  <p>6 pm Caitlin</p>  <p>Bionco Burn UPPER BODY FOCUSED</p>	<p>15 5:30am Susan</p>  <p>ABS BLAST</p> <p>5:45pm Bootcamp</p> 	<p>16 9:30am Caitlin</p>  <p>Keepin' it Peachy LOWER BODY FOCUSED</p>  <p>6 pm Dance Party Amber T.</p>	<p>17 SPIN Class! 30 min 9:30am Taylor</p> 	<p>18 9am Caitlin</p>  <p>Bionco Burn UPPER BODY FOCUSED</p>
<p>19</p>	<p>20 5:30am Chris</p>  <p>9:30am Chris</p>  <p>6 pm Dance Party Amber T.</p>	<p>21 9:30am Taylor</p>  <p>6 pm Caitlin</p>  <p>Keepin' it Peachy LOWER BODY FOCUSED</p>	<p>22 5:30am Susan</p>  <p>ABS BLAST</p> <p>5:45pm Bootcamp</p> 	<p>23 9:30am Caitlin</p>  <p>Bionco Burn UPPER BODY FOCUSED</p>  <p>6 pm Dance Party Amber T.</p>	<p>24 SPIN Class! 30 min 9:30am Taylor</p> 	<p>25 9am Chris</p> 
<p>26</p>	<p>27 5:30am Chris</p>  <p>9:30am Chris</p>  <p>6 pm Dance Party Amber T.</p>	<p>28 9:30am Taylor</p>  <p>6 pm Caitlin</p>  <p>Bionco Burn UPPER BODY FOCUSED</p>	<p>29 5:30am Susan</p>  <p>ABS BLAST</p> <p>5:45pm Bootcamp</p> 	<p>30 9:30am Caitlin</p>  <p>Keepin' it Peachy LOWER BODY FOCUSED</p>  <p>6 pm Dance Party Amber T.</p>	 <p>TAEKWONDO</p> <p>Tuesdays & Thursday 4:30-6:30pm</p>	