



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 TAEKWONDO <i>Tuesdays & Thursday</i> <i>4:30-5:30 & 7-8 PM</i>						
3	4 <i>New!</i> 5:30am Chris  9:30am Chris  5:45pm Dance Party Amber T.	5 9:30am Taylor  30 min New Class! 6:00pm Taylor 	6 <i>New!</i> 5:30am Susan  9:30am Dance Amber  5:45pm Bootcamp 	7 10 am Ask a Trainer   <i>NEW!</i> 5:45pm Dance Party Amber T.	8 <i>SPIN Class!</i> 30 min 9:30am Taylor 	2 9am Chris 
10	11 <i>New!</i> 5:30am Chris  9:30am Chris  5:45pm Dance Party Amber T.	12 9:30am Taylor  30 min New Class! 6:00pm Taylor 	13 <i>New!</i> 5:30am Susan  9:30am Dance Amber  5:45pm Bootcamp 	14 10 am Ask a Trainer   <i>NEW!</i> 5:45pm Dance Party Amber T.	15 <i>SPIN Class!</i> 30 min 9:30am Taylor 	16 9am Chris 
17	18 <i>New!</i> 5:30am Chris  9:30am Chris  5:45pm Dance Party Amber T.	19 9:30am Taylor  30 min New Class! 6:00pm Taylor 	20 <i>New Class!</i> 5:30am Susan  9:30am Dance Amber  5:45pm Bootcamp 	21 10 am Ask a Trainer   <i>NEW!</i> 5:45pm Dance Party Amber T.	22 <i>SPIN Class!</i> 30 min 9:30am Taylor 	23 9am Spin Taylor 
24/31	25 <i>New!</i> 5:30am Chris  9:30am Chris  5:45pm Dance Party Amber T.	26 9:30am Taylor  30 min New Class! 6:00pm Taylor 	27 <i>New Class!</i> 5:30am Susan  9:30am Dance Amber  5:45pm Bootcamp 	28 10 am Ask a Trainer   <i>NEW!</i> 5:45pm Dance Party Amber T.	29 <i>SPIN Class!</i> 30 min 9:30am Taylor 	30 9am Chris 