



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	2 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Keepin' it Peachy LOWER BODY FOCUSED	3 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	4 9:30am Caitlin Peach Perfect Caitlin H. Bionco Burn UPPER BODY FOCUSED 5:45pm Dance Party Amber T.	5 SPIN Class ! 30 min 9:30am Taylor RIDE AND SHINE	6 9am Chris BOOT CAMP
7	8 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	9 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Bionco Burn UPPER BODY FOCUSED	10 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	11 9:30am Caitlin Peach Perfect Caitlin H. Keepin' it Peachy LOWER BODY FOCUSED 5:45pm Dance Party Amber T.	12 SPIN Class ! 30 min 9:30am Taylor RIDE AND SHINE	13 9am Stretch / Susan FLOW
14	15 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	16 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Keepin' it Peachy LOWER BODY FOCUSED	17 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	18 9:30am Caitlin Peach Perfect Caitlin H. Bionco Burn UPPER BODY FOCUSED 5:45pm Dance Party Amber T.	19 SPIN Class ! 30 min 9:30am Taylor RIDE AND SHINE	20 9am Chris BOOT CAMP
21	22 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	23 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Bionco Burn UPPER BODY FOCUSED	24 5:30am Susan ABS BLAST 9:30am Dance Amber	25 Merry Christmas	26 SPIN Class ! 30 min 9:30am Taylor	27 9am Spin Taylor
28	29 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	30 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Keepin' it Peachy LOWER BODY FOCUSED	31 5:30am Susan ABS BLAST 9:30am Dance Amber	Happy New Year		