



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	3 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Bionco Burn UPPER BODY FOCUSED	4 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	5 9:30am Caitlin Peach Perfect Keepin' it Peachy LOWER BODY FOCUSED 5:45pm Dance Party Amber T.	6 SPIN Class ! 30 min 9:30am Taylor 	7 9am Stretch / Susan FLOW
8	9 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	10 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Keepin' it Peachy LOWER BODY FOCUSED	11 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	12 9:30am Caitlin Peach Perfect Bionco Burn UPPER BODY FOCUSED 5:45pm Dance Party Amber T.	13 SPIN Class ! 30 min 9:30am Taylor 	14 9am Chris BOOT CAMP
15	16 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	17 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Bionco Burn UPPER BODY FOCUSED	18 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	19 9:30am Caitlin Peach Perfect Keepin' it Peachy LOWER BODY FOCUSED 5:45pm Dance Party Amber T.	20 SPIN Class ! 30 min 9:30am Taylor 	21 9am Caitlin Peach Perfect Bionco Burn UPPER BODY FOCUSED
22	23 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	24 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Keepin' it Peachy LOWER BODY FOCUSED	25 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	26 9:30am Caitlin Peach Perfect Bionco Burn UPPER BODY FOCUSED 5:45pm Dance Party Amber T.	27 SPIN Class ! 30 min 9:30am Taylor 	28 9am Chris BOOT CAMP