



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	3 9:30am Anything Goes! Susan 5:45pm SPIN 45 Jennifer H. 	4 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M.	5 9:30am Barrelates Jeanette 5:45pm Cardio Kickboxing Taylor 	6 Morning Cycle! 9:30am with Jennifer H. 	7 BOOTCAMP 9 am / Chris M.
8	9 9:30am Bootcamp Chris M. 5:45pm Dance Party / Jeanette	10 9:30am Amazing Abs Susan 5:45pm SPIN 45 Jennifer H. 	11 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M.	12 9:30am Barrelates Jeanette 5:45pm Cardio Kickboxing Taylor 	13 Morning Cycle! 9:30am with Jennifer H. 	14 9am PURE STRETCH Susan
15	16 9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	17 9:30am Leg Mania! Susan 5:45pm SPIN 45 Jennifer H. 	18 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M.	19 9:30am Barrelates Jeanette 5:45pm Cardio Kickboxing Taylor 	20 Morning Cycle! 9:30am with Jennifer H. 	21 BOOTCAMP 9 am / Chris M.
22	23 9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	24 9:30am Pump & Core Susan 5:45pm SPIN 45 Jennifer H. 	25 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M.	26 9:30am Barrelates Jeanette 5:45pm Cardio Kickboxing Taylor 	27 Morning Cycle! 9:30am with Jennifer H. 	28 45 MIN SPIN 9 am Jennifer H.
29	30 9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	31 9:30am Drummin with Susan 5:45pm SPIN 45 Jennifer H. 	 TAEKWONDO Tuesdays & Thursday 4:30-5:30 & 7-8 PM		 VOLLEYBALL Adult Volleyball Tuesday & Thursday 6-8pm Pick Up Leagues	