





























Sun	Mon	Tue	Wed	Thu	Fri	Sat
 TAEKWONDO Tuesdays & Thursday 4:30-5:30 & 7-8 PM				1  9:30am Barrelates Jeanette 5:45pm SPIN 45 Jennifer H.	2 Morning Cycle! 9:30am with Jennifer H. 	3 45 MIN SPIN 9 am Jennifer H. 
4	5  9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	6 9:30am Dance Party Amber M. 5:45pm SPIN 45 Jennifer H. 	7 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M. 	8  9:30am Barrelates Jeanette 5:45pm Dance Party Amber M.	9 Morning Cycle! 9:30am with Jennifer H. 	10 BOOTCAMP 9 am / Chris M. 
11	12  9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	13 9:30am Dance Party Amber M. 5:45pm SPIN 45 Jennifer H. 	14 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M. 	15  9:30am Barrelates Jeanette 5:45pm Dance Party Amber M.	16 Morning Cycle! 9:30am with Jennifer H. 	17 9am PURE STRETCH Susan 
18	19  9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	20 9:30am Dance Party Amber M. 5:45pm SPIN 45 Jennifer H. 	21 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M. 	22  9:30am Barrelates Jeanette 5:45pm Dance Party Amber M.	23 Morning Cycle! 9:30am with Jennifer H. 	24 BOOTCAMP 9 am / Chris M. 
25	26  9:30am Bootcamp Chris M. 5:45pm Dance Party / Amber T.	27 9:30am Dance Party Amber M. 5:45pm SPIN 45 MICHAEL 	28 9:30am Dance Party / Amber T. 5:45pm Bootcamp Chris M. 	29  9:30am Barrelates Jeanette 5:45pm Dance Party Amber M.	30 Morning Cycle! 9:30am with Jennifer H. 