



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>TAEKWONDO</p> <p>Tuesdays + Thursday 4:30-5:30 + 7-8 PM</p>	<p>Personal Training available here</p> <p>see front desk for more info</p>			<p>1 </p> <p>Morning Cycle! 9:30am with Taylor M.</p>	<p>2</p> <p>9am PURE STRETCH Susan</p>	
<p>3</p>	<p>4 </p> <p>9:30am Chris</p> <p>5:45pm Dance Party / Amber T.</p>	<p>5 9:30am</p> <p> Cardio Kickboxing</p> <p>Taylor</p>	<p>6 </p> <p>9:30am Dance Party / Amber T.</p> <p>5:45pm Chris</p>	<p>7 10 am Ask a Trainer</p>	<p>8 </p> <p>Morning Cycle! 9:30am with Taylor M.</p>	<p>9 9 am</p> <p>Chris</p>
<p>10</p>	<p>11 </p> <p>9:30am Chris</p> <p>5:45pm Dance Party / Amber T.</p>	<p>12 9:30am</p> <p> Cardio Kickboxing</p> <p>Taylor</p>	<p>13 </p> <p>9:30am Dance Party / Amber T.</p> <p>5:45pm Chris</p>	<p>14 10 am Ask a Trainer</p>	<p>15 </p> <p>Morning Cycle! 9:30am with Taylor M.</p>	<p>16 </p> <p>Morning Cycle! 9 am with Taylor M.</p>
<p>17</p>	<p>18 </p> <p>9:30am Chris</p> <p>5:45pm Dance Party / Amber T.</p>	<p>19 9:30am</p> <p> Cardio Kickboxing</p> <p>Taylor</p>	<p>20 </p> <p>9:30am Dance Party / Amber T.</p> <p>5:45pm Chris</p>	<p>21 10 am Ask a Trainer</p>	<p>22 </p> <p>Morning Cycle! 9:30am with Taylor M.</p>	<p>23 9 am</p> <p>Chris</p>
<p>24</p>	<p>25 </p> <p>9:30am Chris</p> <p>5:45pm Dance Party / Amber T.</p>	<p>26 9:30am</p> <p> Cardio Kickboxing</p> <p>Taylor</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>