



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Peach Perfect Caitlin Now Tue. 6 PM + Thur. at 9:30 AM						1 9am Stretch / Susan FLOW
2	3 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	4 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Keepin' it Peachy LOWER BODY FOCUSED	5 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	6 9:30am Caitlin Peach Perfect Caitlin H. Bronco Burn UPPER BODY FOCUSED 5:45pm Dance Party Amber T.	7 SPIN Class ! 30 min 9:30am Taylor RIDE AND SHINE	8 9am Chris BOOT CAMP
9	10 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	11 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Bronco Burn UPPER BODY FOCUSED	12 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	13 9:30am Caitlin Peach Perfect Caitlin H. Keepin' it Peachy LOWER BODY FOCUSED 5:45pm Dance Party Amber T.	14 SPIN Class ! 30 min 9:30am Taylor RIDE AND SHINE	15 9am Spin Taylor
16	17 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	18 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Keepin' it Peachy LOWER BODY FOCUSED	19 5:30am Susan ABS BLAST 9:30am Dance Amber 5:45pm Bootcamp GET IT DONE BOOTCAMP	20 9:30am Caitlin Peach Perfect Caitlin H. Bronco Burn UPPER BODY FOCUSED 5:45pm Dance Party Amber T.	21 SPIN Class ! 30 min 9:30am Taylor RIDE AND SHINE	22 9am Chris BOOT CAMP
23	24 5:30am Chris GET IT DONE BOOTCAMP 9:30am Chris 5:45pm Dance Party Amber T.	25 9:30am Taylor Cardio Kickboxing 6 pm Caitlin Peach Perfect Caitlin H. Bronco Burn UPPER BODY FOCUSED	26 Happy Thanksgiving	27	28 SPIN Class ! 30 min 9:30am Taylor	29 No Class Today.
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