

TRIANGLE FITNESS
KERNERSVILLE, NC

24 HOUR GYM

**JOIN OUR
FITNESS
FAMILY!**

FITNESS • FAMILY • COMMUNITY

Help
Make a
Difference!

SAFE
FUN
SUPPORTIVE
ENVIRONMENT

PART-TIME CHILDCARE WORKER

JOIN OUR CHILDCARE TEAM!



ABOUT US

At Triangle Fitness, we aren't just a place to work out—we are a community. Our **family gym culture** is an important part of who we are, and our childcare area helps parents enjoy their workouts knowing their children are in a welcoming, fun, and supervised environment.

We are looking for **friendly, dependable, energetic, and responsible** childcare workers who genuinely enjoy working with children and interacting with families.



POSITION TYPE & HOURS

- **Job Type:** Part-Time
- **Available Shifts:**
 - **Morning:** 9:00 AM – 12:00 PM, Monday–Saturday
 - **Evening:** 5:00 PM – 8:00 PM, Monday–Thursday
- Applicants do not necessarily need to be available for every shift. Flexible availability and the ability to help cover shifts are a plus.



WHAT WE ARE LOOKING FOR

We want someone who is **positive, patient, attentive, and comfortable working with children** of different ages. Our ideal team member can interact with children while also maintaining a clean, organized, and safe childcare environment.

This position is a great fit for someone who enjoys children, likes being part of a family-oriented environment, and wants a **part-time schedule with short shifts**.

PLAY
LEARN
GROW
TOGETHER!



KEY RESPONSIBILITIES

- Provide **friendly, attentive supervision** and engage children through appropriate play and activities.
- Create a **positive, welcoming experience** for children and parents.
- Maintain a **clean, organized, and safe** childcare area, including sanitizing toys and play surfaces.
- Follow all **check-in/out, safety, and security procedures**.
- Communicate professionally with parents and staff and assist with special events as needed.



QUALIFICATIONS & SKILLS

Friendly, dependable, patient, positive, and attentive.

- Enjoys working with children and **families** and provides excellent customer service.
- Previous **childcare, babysitting, daycare, camp, church nursery, or similar experience preferred**.
- Dependable transportation and ability to **arrive on time**.
- **CPR/AED certification preferred**, or willingness to obtain it.
- Willing to complete any required **background screening**.



WHAT WE OFFER

Flexible part-time morning and evening shifts.

- **Free gym membership.**
- A fun, active work environment.
- Opportunity to work with children and families in a community-focused fitness center.
- A supportive team environment where employees are treated like family.



HOW TO APPLY

Ready to join our fitness family?

Send your resume or a short description of your childcare experience and availability to trianglefit@yahoo.com, or apply directly at our location:

905 Old Winston Rd. Kernersville, NC 27284
336-993-7247

APPLY
TODAY!

FITNESS | FAMILY | COMMUNITY

STRONGER TOGETHER